

PERU 2026

KUODA

DESTINATION GUIDE
VEGAN AND VEGETARIAN
RESTAURANTS



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Lima

Altitude: 0 m (0 f)

The capital of Peru, often referred to as The City of Kings, is only capital of South America with unforgettable ocean views. With fair weather for the most part of the year, you are sure to be delighted with its vibrant people, exquisite cuisine, and cultural heritage.



RESTAURANTS VEGAN AND VEGETARIAN

Raw Café 🥕 🌿 🌾

A plant-based kitchen rooted in organic sourcing and conscious preparation, where dishes are crafted without processing or excess. The approach feels intentional and balanced, reflecting a quiet commitment to nourishment and sustainability.

Street Independencia 596, Miraflores
rawcafe.com



Florencia - Vegan Kitchen 🥕 🌿 🌾

A small, plant-based kitchen shaped by a personal and home-style approach to vegan cooking. The experience feels intimate and grounded, with dishes that emphasize simplicity, freshness, and a quiet sense of care.

Jr. Cora 364, Barranco
Florence.vegankitchen



El jardín de Jasmin 🥕 🌿 🌾

Set within a garden-like environment, this vegetarian kitchen draws from natural ingredients and a calm, reflective atmosphere. The experience feels intimate and grounded, shaped by a connection between food, space, and wellbeing.

Avenue Benavides 571 int 107 Miraflores
eljardindejazmin.com



🥕 Vegetarian 🌿 Vegan 🌾 Gluten Free



Cusco City

Altitude: 3,399 m (11,152 ft)

Designated a UNESCO World Heritage site in 1983, the former capital of the Inca empire, retains much of the original structure and distribution of its streets since ancient times. Every corner holds a story, don't be afraid to get lost in the imperial city.



RESTAURANTS VEGAN AND VEGETARIAN

Organika Restaurant 🥕 🌿 🌾

Set near Cusco's historic center, this restaurant draws from its own garden to shape a menu rooted in freshness and seasonality. The atmosphere is calm and understated, with a focus on natural ingredients and balanced preparation.

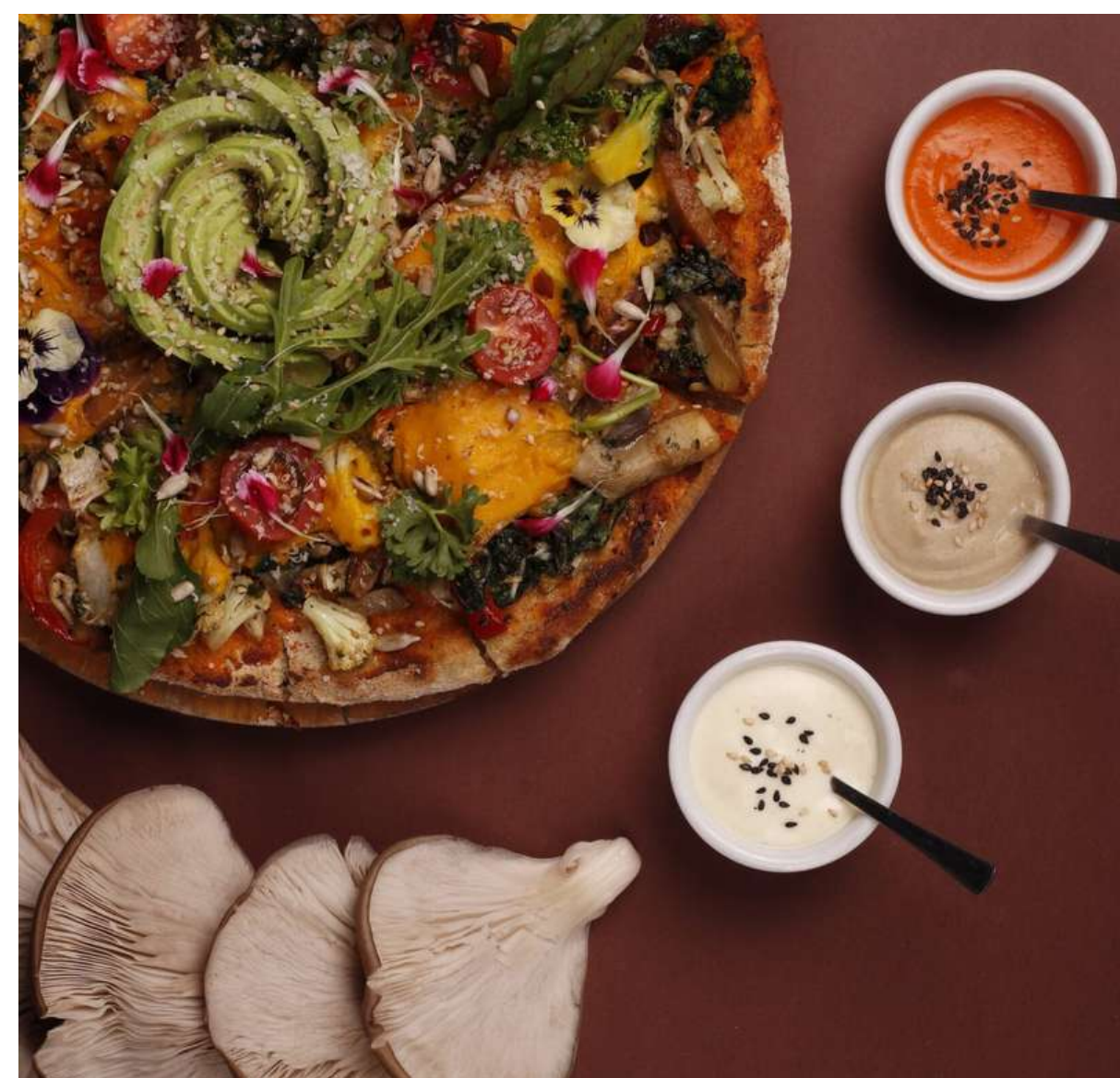
Calle Ataúd 154, Cusco
organika.cusco



Vida Vegan Bistro 🥕 🌿 🌾

This bistro presents plant-based cuisine through a polished yet relaxed lens, combining international techniques with Peruvian inputs. The setting encourages a slower pace, where food and atmosphere remain in quiet balance.

Calle Palacio 126 (2° piso), Cusco, Perú
vidaveganbistro.com



🥕 Vegetarian 🌿 Vegan 🌾 Gluten Free



RESTAURANTS VEGAN AND VEGETARIAN

El jardín Cusco 🥕 🌿 🌾

A tranquil, garden-centered space where vegetarian cuisine is shaped by fresh ingredients and a calm, natural setting. The experience unfolds quietly, with an emphasis on balance, simplicity, and a connection to the surrounding environment.

Portal de Panes 151, Plaza de Armas
eljardinrestaurantcusco.com



Parada Vegana Restaurant 🥕 🌿 🌾

A modest vegan kitchen rooted in everyday cooking, offering plant-based interpretations of familiar dishes. The atmosphere feels informal and accessible, reflecting a straightforward approach to conscious eating.

San Andres 481, Cusco
paradavegana.art

🥕 Vegetarian 🌿 Vegan 🌾 Gluten Free



Sacred Valley

Altitude: 2,800 m (9,186 ft)

Named this way for being the main food source of the Inca Empire, the Sacred Valley sits on the banks of the Urubamba River. The Incas built archaeological centers along its banks, which replicated the constellations they knew from the Andean sky, so this contributes even more to the beauty of this charming valley.



RESTAURANTS VEGAN AND VEGETARIAN

Restaurante Hawa 🥕 🌿 🌾

Using organic ingredients produced in nearby farms and in our own garden in the Sacred Valley, Hawa will captivate you with innovate dishes served in a dining room.

Avenue Ferrocarril s/n, Urubamba, Cusco, Avenue Ferrocarril, Urubamba, Cusco
[marriott.com](https://www.marriott.com)



UNU 🥕 🌿 🌾

UNU is a restaurant that began as a social project initiative looking to generate development opportunities for the community of Tiobamba in Maras. A hidden gem of the valley, UNU restaurants offers panoramic views and local cuisine.

Tiobamba, Maras, Cusco
facebook.com/unu.restaurante



El Huacatay 🥕 🌿 🌾

One of the best restaurants in the Cusco region was serving Peruvian fusion before it became trendy, perfecting the art of combining flavors in a way that each one can be savored. You'll need some time to decide between all the enticing options on the menu; the cuts of meat are amazingly tender, and there are some interesting vegetarian choices as well, not to mention an array of fabulous appetizers that might tempt you to just order a medley.

Jirón. Arica 620, Urubamba, Cusco
facebook.com/RestauranteElHuacatay



🥕 Vegetarian 🌿 Vegan 🌾 Gluten Free



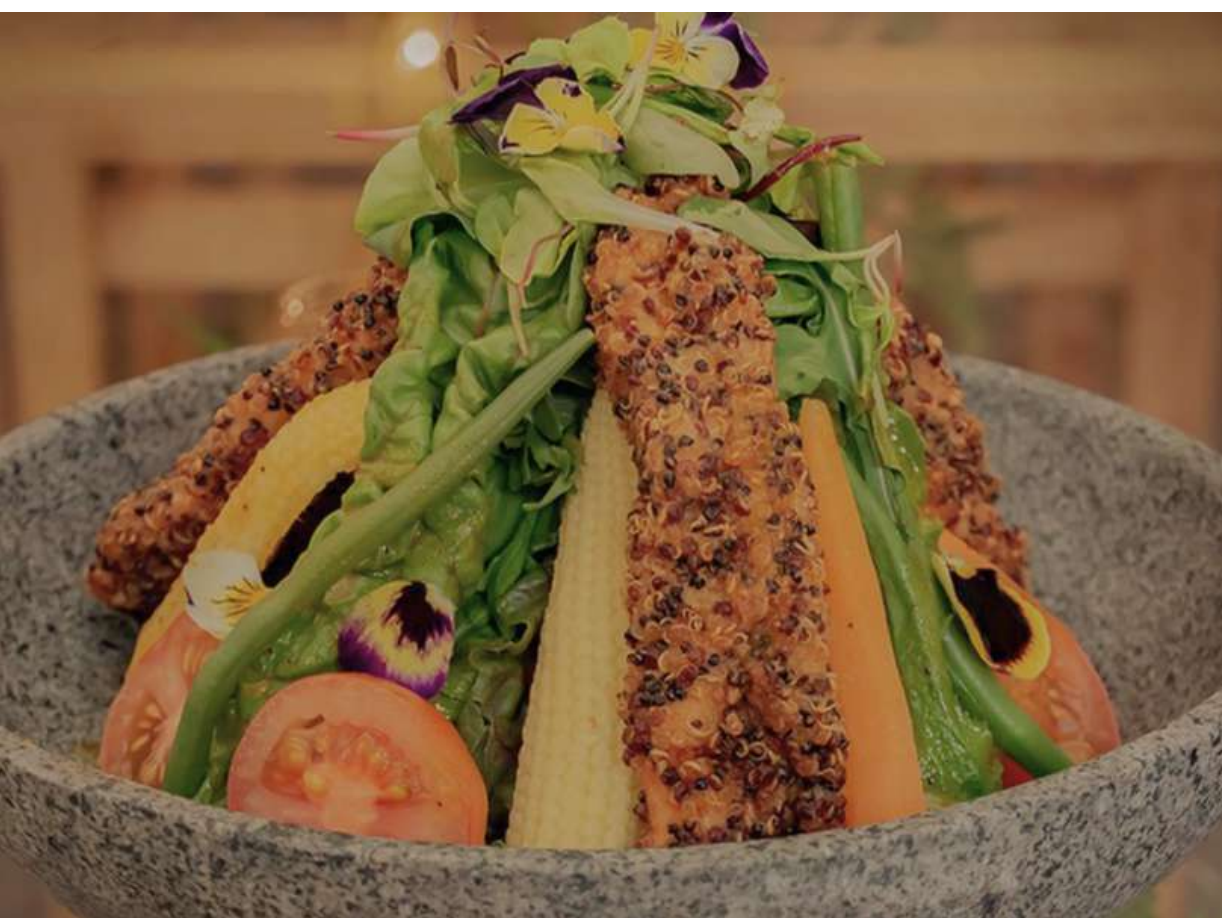
Machupicchu

Altitude: 2,040 m (6,690 ft)

Machupicchu, also known as Aguas Calientes, hold the same name as the the ancient citadel of Machu Picchu. Resting among the clouds, this architectural wonder is surrounded by the mystery of the stonework that makes up its buildings and temples.



RESTAURANTS VEGAN AND VEGETARIAN



Green House Organic Concept



A green led concept of Aguas Calientes, the restaurant boasts of attentive and helpful staff that give great recommendations for a truly authentic experience. Don't miss out on their quinoa dishes.

Avenue Pachacutec 105, Aguas Calientes, Machu Picchu
facebook.com/GreenHouseMachuPicchu



The Tree House Restaurant



This international Peruvian fusion gourmet restaurant offers unique flavors and truly delicious food. Try their vegetable curry with coconut rice and mango chutney.

Street Huanacaure 10, Aguas Calientes, Machu Picchu
facebook.com/THrestaurantPeru



Missky Organic



Centered on organic ingredients and natural preparation, this space reflects a commitment to clean, unprocessed food. The experience feels quiet and intentional, with an emphasis on wellbeing and simplicity.

Imperio de los Incas 507, Aguas Calientes, Perú
facebook.com/MisskyOrganic

 Vegetarian  Vegan  Gluten Free



Puno

Altitude: 3,810 m (12,500 ft)

Home of Lake Titicaca and to the celebration of La Virgen de la Candelaria, Puno is the folkloric capital of Peru. With its colorful festivals, incredible floating islands, and warm people that inhabit these portions of soil created long ago from the totora reeds, you can feel the magical atmosphere in the air.



RESTAURANTS VEGAN AND VEGETARIAN

Cafe Bar de la Casa del Corregidor 🥕 🌿 🌾

Set within a restored colonial building in Puno, this café-bar blends coffee culture with literary and artistic presence. The atmosphere is contemplative and layered, shaped by historic architecture and a quiet sense of cultural continuity near Lake Titicaca.

Jr. Deustua 576, Puno
lacasadelcorregidorcafebar.com



🥕 Vegetarian 🌿 Vegan 🌾 Gluten Free



Chiclayo

Altitude: 27 m (88.6 ft)

Discover the world of the Lambayaque or Sicán culture. The friendliest city in Peru offers visitors a rich insights into archaeological remains, handicrafts and gastronomic wonders. Be mesmerized by the lavish decorations of tomb of the Lord of Sipán, the towering clay pyramids in Túcume, and the hidden treasures within the Forest of Pómac Historical Sanctuary.



RESTAURANTS VEGAN AND VEGETARIAN

Caserio 🥕 🌿 🌾

A contemporary interpretation of Peruvian home-style cooking, grounded in regional ingredients and familiar preparations. The experience feels warm and approachable, shaped by a sense of tradition carried into a modern setting.

Av. Grau 823, Chiclayo
caserio.pe



Fiesta Chiclayo 🥕 🌿 🌾

A long-standing reference for northern Peruvian cuisine, centered on the flavors and techniques of Lambayeque. The kitchen reflects continuity and depth, offering a clear expression of the region's culinary identity.

Av. Salaverry 1820, Chiclayo
fiestachiclayo.com



These are not exclusively vegan restaurants, yet they offer a thoughtful range of options for both vegan and vegetarian diners.

🥕 Vegetarian 🌿 Vegan 🌾 Gluten Free