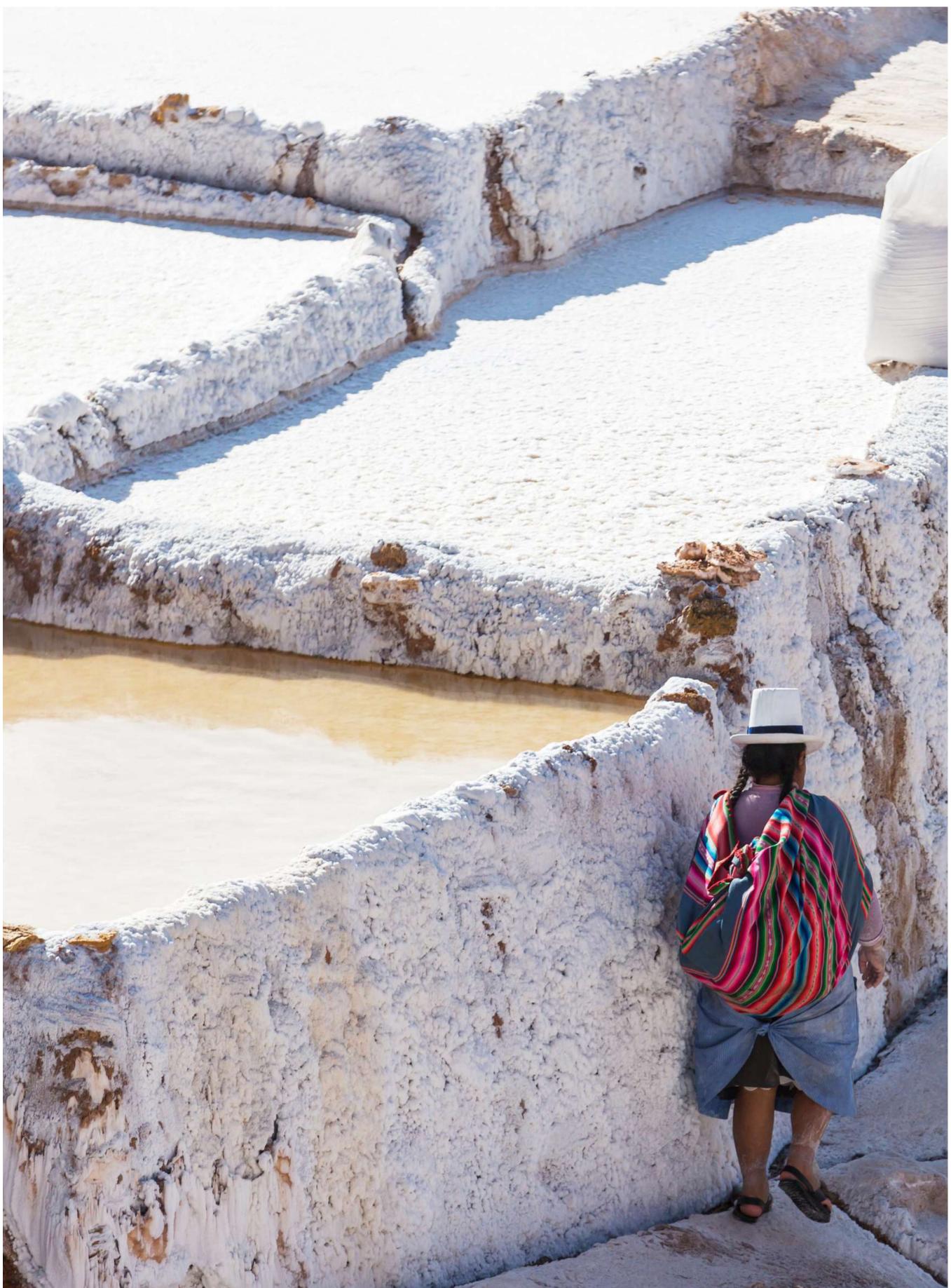
### PERU 2024

# **IUDE** DESTINATION GUIDE



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With astonishingly varied landscapes, stunning scenery, compelling history, and a legacy of fascinating cultures, Peru has gained notoriety as the crown jewel of South America's travel destinations for good reason.

Experience the stunning natural and cultural wonders of South America through a personalized luxury vacation to Peru from award-winning travel designers who prioritize your comfort, style and personalized touches, every step of the way.

From the ancient Incan city of Machu Picchu, tucked away in the majestic Andes Mountains to the intriguing and mysterious Nazca Lines to the glistening Lake Titicaca, to the vast, diverse Amazon rainforest and

back to the Lima, the gastronomical capital of the Americas - Peru is a destination for travel lovers, foodies, and nature enthusiasts alike.





## BOOKS

### Turn Right At Machu Picchu by Mark Adams

The author recounts a fascinating and funny account of his journey through some of the world's most majestic, historic, and remote landscapes guided only by a hardas-nails Australian survivalist and one nagging question: Just what was Machu Picchu?



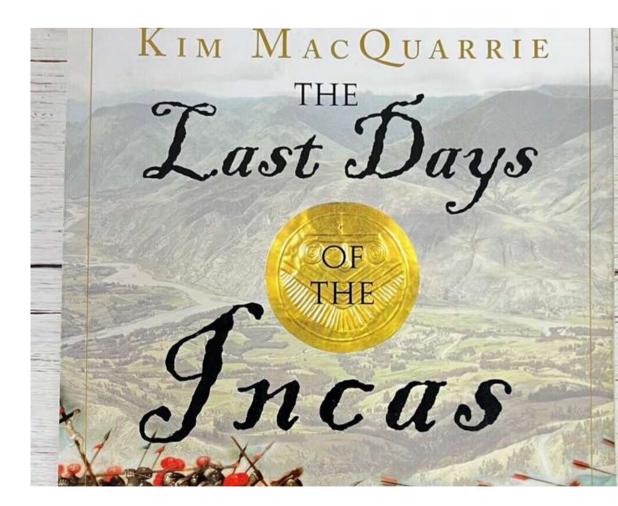
### The Neighborhood by Mario Vargas Llosa

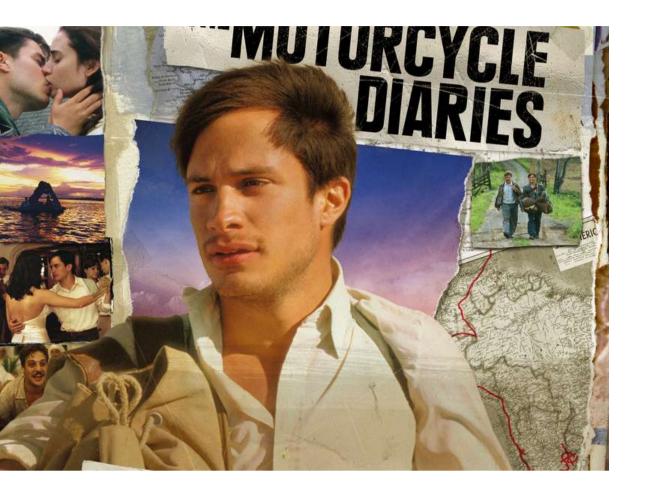
A thrilling tale of desire and Peruvian corruption swirls around a scandalous exposé that leads to murder written by one of the most significant Latin American personalities of his generation.



### The Last Days of The Incas by Kim MacQuarrie

The Last Days of the Incas is among the most powerful and important accounts of the Spanish conquest of the Inca Empire, of the modern search for the Incas' lost Amazonian capital of Vilcabamba, and of the discovery of Machu Picchu.

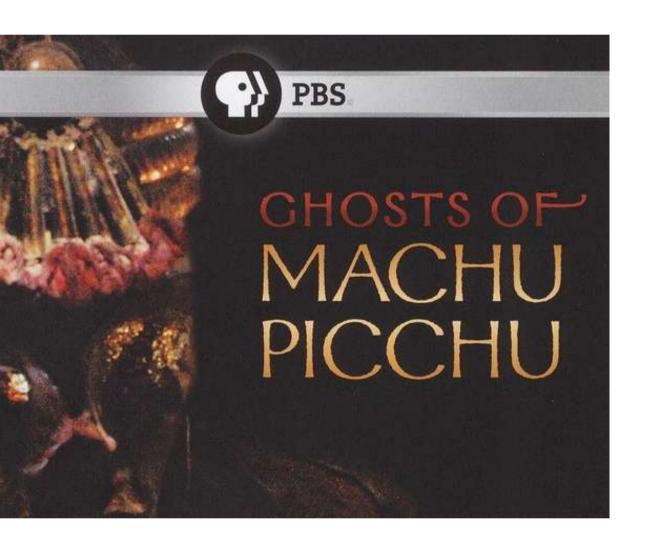




## MOVIES

### The Motorcycle Diaries (2004)

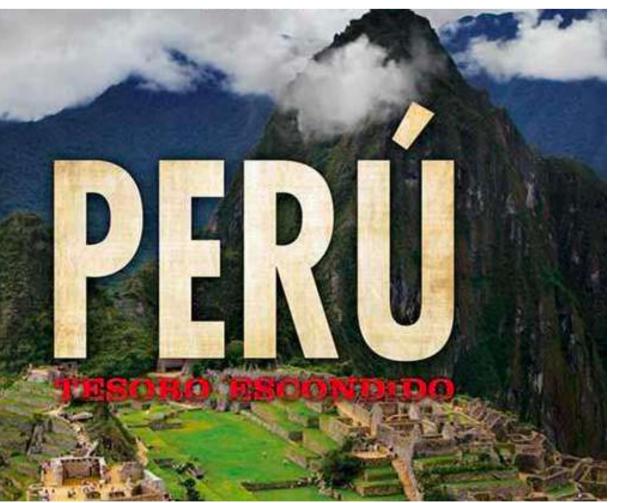
Based on a true story, this inspiring adventure traces the youthful road trip of two revolutionary friends: "Che" Guevara (Gael García Bernal) and Alberto Granado (Rodrigo De la Sernatake) to the open road on an old motorcycle for a journey that takes them from Argentina to Peru in 1952.



### The Ghosts of Machu Picchu (2010)

A special from the PBS series NOVA, a group of archaeologists journey to Machu and investigate

areas of the structure that haven't been touched since the Incas built it. They also embark on a "trail of clues" that initially surfaced in 1911, with explorer Hiram Bingham's discovery of the site itself.



### Peru: Hidden Treasure (2017)

The production shows a tour of the Amazon, the Andes and the Peruvian coast, where you can see destinations such as Machu Picchu, the Colca Canyon, Lake Titicaca, the Nasca Lines, Kuelap, the Amazon River; besides the flora, fauna and the renowned Peruvian gastronomy.



## Lima

### Altitude: 0 m (0 f)

The capital of Peru, often referred to as The City of Kings, is only capital of South America with unforgettable ocean views. With fair weather for the most part of the year, you are sure to be delighted with its vibrant people, exquisite cuisine, and cultural heritage.





## **RESTAURANTS**

### Maido 🥖 🖉 🖉

The fusion of Latin American and Eastern cuisines leads to an exciting and unusual menu. The 12-course 'Nikkei Experience' degustation is predominantly fish-focussed: dishes such as Paracas scallops with green butter beans and miso feature alongside crab dishi and tapiocas. The beef cheek is also not to be missed, served with tsukemono and a cloud of jora corn. Round off the marathon meal with the surprising and delicate medley of lucuma ice cream, topped with soy sauce and macambo foam.

Street San Martín 399, Miraflores, Lima <u>maido.pe</u>





Isolina is a tribute to the spirit and flavors of our beloved taverns of yesteryear; to that Peruvian kitchen at home and to the forgotten recipes in old notebooks. A relaxed atmosphere makes us a space to eat, drink and have a good time, where spontaneous laughter and the freedom to eat as everyone wishes are celebrated.



Avenue Prolongación San Martín 101, Barranco, Lima <u>isolina.pe</u>



Chefs Virgilio Martínez and Pía León's flagship restaurant, Central, is an ode to Peru in all forms. The dishes celebrate the unique landscapes, history and traditions of their homeland by using an abundance of locally sourced produce.

Avenue Pedro de Osma 301, Barranco, Lima <u>centralrestaurante.com</u>









### Astrid y Gastón 💉 🖉 🖉

The godfather of modern Peruvian cuisine, Gastón Acurio presides over a restaurant empire spanning the globe, but it all started 20 years back with pastry chef wife Astrid Gutsche at this eponymous establishment (albeit in a different location to now). A unique threecentury-old colonial mansion setting adds a wow factor to the à la carte and tasting menus, which focus on Peruvian flavours. Acurio takes traditional dishes such as guinea pig and gives them the haute-cuisine treatment and Gutsche (Latin America's Best Pastry Chef 2015) showcases cacao and tropical fruits in her desserts. Astrid y Gastón topped the inaugural Latin America's 50 Best Restaurants list in 2013 and Acurio went on to win the 2018 Lifetime Achievement Award at The World's 50 Best Restaurants.

Avenue Paz Soldán 290, San Isidro, Lima astridygaston.com





The brainchild of Peruvian culinary godfather Gastón Acurio, La Mar brings the best from Peru's Pacific waters to the table daily. The pioneering cevicheria, sat in the heart of Lima's upmarket Miraflores neighborhood, regularly features on Latin America's 50 Best list. As you'd expect, there's a dazzling array of ceviches to choose from, but La Mar is only open between 12pm and 5:30pm each day to ensure only the freshest produce is served. And you best get there early unless you don't mind standing in line as it's no reservations and always a popular choice for Limeños. The size of the menu might be overwhelming, but you can't go wrong with the classic ceviche made with catch of the day. And for the full Lima experience, it must be matched with at least one Pisco Sour.

Mariscal La Mar 770, Miraflores, Lima <u>lamarcebicheria.com</u>



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Limaná offers a menu with something for everyone's diet: keto, paleo, vegan, vegetarian, organic, pesticide gluten, and dairy-free with a focus on superfoods. Refined sugar or sweeteners are replaced by coconut sugar, honey, yacón syrup, or dates.

Avenida Augusto Pérez Aranibar 2011 San Isidro, Lima, Peru <u>limana.com</u>





MAYTA, which means 'Noble Land' in Aymara, one of the native languages of the high plains, is an expression of contemporary Peruvian gastronomy based on using local ingredients to create traditional dishes with a modern touch. Two dishes that stand out are their arroz con pato (seasoned rice with duck) and ceviche amazónico (Amazonian-style ceviche, a dish made with raw fish 'cooked' in citrus).



Avenue Mariscal La Mar 1285, Miraflores, Lima <u>maytalima.com</u>



NANKA is a gastronomic space with seasonal menu, especially designed for sharing, that aims to promote local and sustainable produce with a range of vegetarian-friendly, vegan and gluten free options.

Jirón Bambues 198 La Molina, Lima <u>nanka.pe</u>









## BARS & NIGHTLIFE Carnaval

The only Peruvian bar ever to wind up in The World's 50 Best Bars, Carnaval is a place full of magic and art. The unique creations of the Coctelería Conceptual movement are presented in craft glasses and dishes designed by contemporary Peruvian artists.

Avenue Pardo y Aliaga 662, San Isidro, Lima <u>carnavalbar.com</u>

### Ayahuasca

A restobar located in the Berninzon Mansion; a beautiful house established during republican times in Barranco, one of the most bohemian districts in Lima. The drink of the house is the "Ayahuasca Sour", made from Pisco macerated with coca leaves, aguaymanto juice and tumbo.

Avenue San Martin 130, Barranco, Lima <u>ayahuascarestobar.com</u>



### **Bottega Dasso**

Great selection of Champagnes and wines by the glass are served at this sleek bar, adorned with a wall of spirits with an classic and elegant style. Joel Chirinos, Resident Bartender, named Double World Class Peru winner.

Avenue Miguel Dasso 155, San Isidro, Lima <u>bottegadasso.com</u>



## Hotel B's Rooftop Bar

The Rooftop is an elevated oasis in Lima's coolest district. You haven't lived the full experience at Hotel B until you have watched the sunset over the Pacific Ocean from their rooftop terrace. For a more intimate experience, head to the first floor bar, adorned by famous painter José Tola's "La Cantante Calva". The award-winning bar is famous for its gin and tonics.

Jirón Sáenz Peña 204, Barranco <u>hotelb.pe</u>

## **COFFEE SHOPS**

### Dédalo Café 🥖

Located on the cozy terrace of the Dédalo art store in Barranco, the café serves artisanal pizzas, sandwiches, wraps, vegetarian and healthy foods. At night, share a glass of wine under strings of fairy lights for the ultimate romantic experience.

Jirón Sáenz Peña 295, Barranco, Lima <u>dedalo.pe</u>

## La Bodega Verde 🥖 🏉 🎉

This vegan-friendly café has an enclosed park setting that's ideal for families. Situated adjacent to The Museum of Contemporary Art (MAC) in Barranco, the coffeehouse offers a healthy and artisanal menu.





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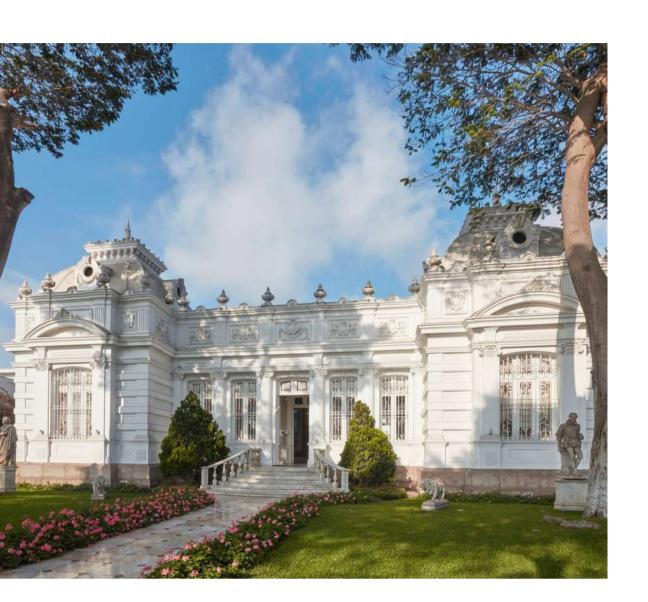
Jirón Mariscal Jose Antonio de Sucre, Barranco, Lima <u>facebook.com/labodegaverde</u>

## Puku Puku Café 🛛 🌶 🖉 🖉

Puku Puku is quechua for "bird that signs at sunrise". This coffee shop offers the best single-origin small batch coffees in Peru. Working hand-to-hand with small farmers and communities throughout our diverse coffee regions, they have become one of the leading specialty coffee brands in Peru.

Pardo y Aliaga 695, San Isidro, Lima <u>pukupuku.pe</u>







## ART GALLERIES & MUSEUMS

### Pedro de Osma Museum

This stately Barranco museum began as the private collection of Don Pedro de Osma Gildemeister, who explored Peru gathering art objects from the 16th to 19th centuries. On display in the ornate mansion (Palacio de Osma) are paintings, sculptures, altarpieces, silver pieces, Huamanga stone carvings, and furniture, mostly from Arequipa, Ayacucho, and Cusco.

Avenue Pedro de Osma 421, Barranco, Lima <u>museopedrodeosma.org</u>

### Larco Museum

Larco Museum was founded in 1926 by Rafael Larco

Hoyle, a Peruvian archeologist that discovered the Viru, Salinar, Cupisnique, and Lambayeque cultures. The museum contains one of Peru's finest historical collections devoted to the country's pre-Columbian peoples, displaying art and artifacts of ancient Peruvian history.

Avenue Simón Bolívar 1515, Pueblo Libre, Lima <u>museolarco.org</u>



### MALI

The Lima Art Museum (MALI) is an art museum located at the Palacio de la Exposición in Lima's downtown. The museum was inaugurated in 1961 and houses one of the most expensive art collections in the region. Discover more than 1,200 pieces of Peruvian art spanning 3,000 years, from the pre-Columbian times to the contemporary.

Paseo Colón 125, Parque de la Exposición, Lima <u>mali.pe</u>

## SOUVENIR SHOPS

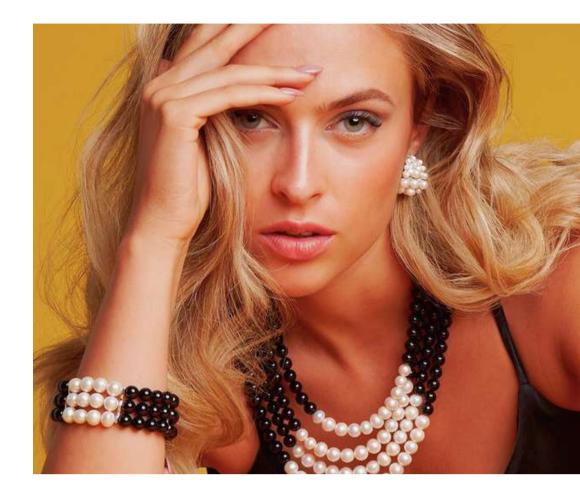
### **KUNA**

Fine clothing collections made with the best baby alpaca, vicuña, guanaco and llama fibers and silk. Launched in 1991 by François Patthey, KUNA sells women's and men's wear, and accessories, alongside lifestyle products and homeware, including blankets, rugs and pillows.

Larcomar, Malecón de la Reserva 610, Miraflores, Lima <u>kunastores.com</u>

### ILARIA

ILARIA Peru is one of the most renowned and respected designers and producers of top quality silver jewelry since 1992. Ilaria Ciabatti's inspiration calls for the combination of natural treasures, such as gemstones, pearls and silver, thus giving life to magnificent works of art.





Larcomar - Malecón de la Reserva 610, 1st Floor, Miraflores, Lima <u>ilaria.pe</u>

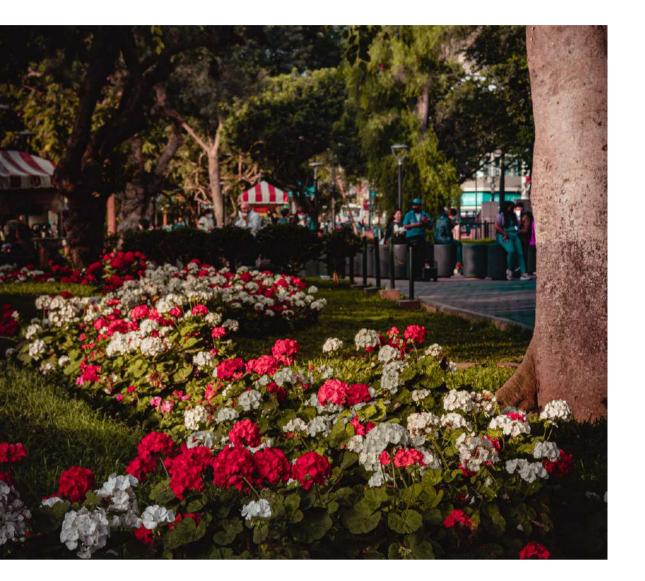
### Dédalo Arte & Artesanía

A peruvian art and design gallery where you will find the perfect gift any occassion. Find unique pieces from independent brands, Peruvian designers, and recognized local artists made from the best materials, often by hand.

Jirón Sáenz Peña 295, Barranco, Lima <u>dedalo.pe</u>







### Take a stroll through Kennedy Park

An emblematic attraction that sits in the centre of the Miraflores shopping and restaurant district and is a central point on most tourist circuits. Named after U.S. President John F. Kennedy, the park is now most famous for its population of over 100 stray cats. There is a small market set up during the evening selling souvenirs and handcrafts as well as snack carts selling typical delicacies like arroz con leche and picarones with chancaca honey.

Parque Kennedy, Avenue Diagonal, Miraflores, Lima

### Shop and dine at Larcomar Shopping Center



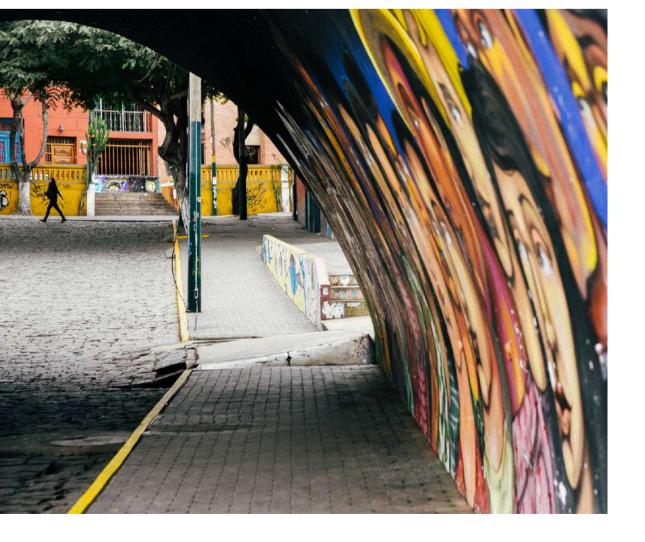
Larcomar is a stunning feat of architecture located on the boardwalk in front of the JW Marriott Hotel. Located mid-cliff and facing incomparable views of the Pacific Ocean, this multi-level food, entertainment and shopping complex is the idea place to enjoy sunset cocktails with an unparalleled view, a bite to eat or for a shopping spree.

Block 6 of Malecón de la Reserva, Miraflores, Lima

### View the sunset at Saenz Peña Boulevard

One of the nicest streets in Barranco with a park running down the middle flanked on either side by colonial mansions. Barranco was originally a seaside resort for Lima's elite and this street gives a good idea of how they summered during the 1920s. Stop at Hotel B's Rooftop for a drink with a view of the ocean.

Avenue Saenz Peña, Barranco, Lima





## Cusco City

Altitude: 3,399 m (11,152 ft)

Designated a UNESCO World Heritage site in 1983, the former capital of the Inca empire, retains much of the original structure and distribution of its streets since ancient times. Every corner holds a story, don't be afraid to get lost in the imperial city.







## RESTAURANTS

### Chicha 🥖 🖉

Chicha is about regional food: the produce, traditions and culture from each location elevated with good culinary techniques, working with responsibility and by the hand of the local producers. Located one block from the Plaza de Armas of Cusco, Chicha honors and boost the value of the flavors and culinary wisdom of the ancient Cusco.

Km. 75.8, Carretera Urubamba-Ollantaytambo, Valle Sagrado, Cusco <u>chicha.com.pe</u>



The whole experience of Cicciolina begins with finding out about another part of life, the aromas from the open kitchens, the amazing women and men that work to serve you and the feeling of how everyone sort of knows each other, pecks on detail. Cicciolina looks to create an ambience, where from the time you walk in the door, you feel like you want to stay & pass some time observing, experiencing, with the surprise of wonderful flavors in our food. A little bit cosmopolitan, a lot like the city itself.





Street Palacios 110, Cusco <u>cicciolinacuzco.com</u>



The Limo experience, from a traditional balcony overlooking the Plaza de Armas, is a journey through Nikkei cuisine and offers an amazing cocktail bar. Discover the fusion of Nikkei cuisine, reinvents what is ours with resources from the region, achieving a dream result.

Portal de Carnes 236,Cusco instagram.com/limocusco







## Greens Organic 💉 🥟 🖉

Food is the basis for a healthy life of balance and wellbeing. With a proposal made with organic and ecological products, the result of a constant search for local suppliers that preserve ancestral and sustainable farming and breeding practices is found at Greens Organic.

Street Santa Catalina Angosta 135, floor 2, Cusco <u>facebook.com/GreensOrganic</u>





An organic, natural, and health-conscious restaurant where you can enjoy delicious meals and original recipes. The products they use are harvested from their very own garden in the Sacred Valley of Urubamba.

Street Ataúd Nº 154, next to Plaza de Armas de Cusco, Cusco

beacons.ai/organika cusco



## BARS & NIGHTLIFE

### Limbus Restobar

With a view over Cusco – and a claim of being the highest bar in Cusco – this place is the perfect spot for a date or to begin a party. The spectacular views are perfectly paired with quality food and classic cocktails like the pisco sour. Located in San Blas, it won't be very far from where you're staying.

Street Pasñapakana 84, Cusco limbusrestobar.com

### Museo del Pisco

More a bar than a museum, enjoy some of the best made cocktails in Cusco here. If you're interested in the more educational aspects of the bar, they offer cocktail making classes and give a little history on pisco and how it's made.





Santa Catalina Ancha 398, Cusco <u>museodelpisco.org</u>

### Ukukus Bar

A popular live music venue and bar conveniently located at the Plaza de Armas that plays a wide variety of dance, pop, techno and electronic music. The bar offers a selection of exclusive international and local liquors, beer and cocktails.

Street Plateros 316, Cusco facebook.com/UkukusBarCusco



## **COFFEE SHOPS**





One of the most unique coffee shops in Cusco. L'atelier Café holds a priviledged view from its quaint blue balcony overlooking the traditional streets of San Blas. Stop for good honest coffees and cakes, as well as handmade jewelry, vintage art and local artisan-made products.

Atoqsaycuchi 605A, Cusco facebook.com/lateliercafeconcept



### **Three Monkeys Coffee Cusco**



Three Monkeys's team has the mission of spreading the unknown side of a cup of coffee by giving coffeegrowing families in the heart of the Valley of the convention of the Cusco region a place to showcase



their passion and dedication. Find a chilled spot in their lovely courtyard to enjoy some of the best coffee in town.

Street Arequipa 159, Cusco facebook.com/threemonkeyscoffee

## Siete y Siete Cafeteria 🛛 🥖 🖉



SIETE & SIETE is located at the meeting of two enigmatic streets in Cusco: Siete Angelitos and Siete Diablitos. In the Andean world, angels and devils are not opposing beings but rather complementary. The design and artistic expressions in SEVEN & SEVEN express it, harmonizing the Western vision of confrontation of these beings. Therefore, SEVEN & SEVEN is the place of balance and harmony, where these beings seduce you to enjoy a warm and welcoming atmosphere and an array of delicious treats.

Street Tandapata 260, Cusco cafeteria7y7cusco.com



## ART GALLERIES & MUSEUMS

### Maximo Laura Museum

Museum of Contemporary Textile Art. Explore the private collection of tapestries by Award Winning Peruvian artist Maximo Laura, designated as Peru's "Living Human Treasure" by UNESCO.

Santa Catalina Ancha 304, Cusco <u>museomaximolaura.com</u>



### Galería Arte Olave

Antonio Olave's art is inspired by the colonial era of the 16th and 17th centuries, with a religious theme. His most famous works are "Manuelitos" found in different postures such as "El Dormidito", "El Sentadito" and "El de la Espina". A true gem of a find inthe city, the gallery showcases a museum, wood workshop and store.



Plaza San Blas 651, Cusco antonioolave.blogspot.com

### Hilario Mendivil Museum

The artisan Mendívil family is led by Hilario Mendívil and Georgina Dueñas de Mendívil, passionate to their work dedicated to imagery that are famous for the elongation of necks in their sculptures. Their intricate woodwork adorned with delicate fabric sometimes demands of unconventional materials such as rice and potato flour covered in gold leaf as well as silver lead decorated with oils, vegetable dyes, earth and graffiti.

634, Plaza San Blas, Cusco facebook.com/artemendivil





## SOUVENIR SHOPS

### Ekekos - Arte & Colores

Find a selection of Peruvian handicrafts such as alpaca and baby alpaca clothes and accesories, ceramics, handmade fabrics, with the corresponding historical and sentimental information pertaining to each product.

Santa Catalina Angosta 156, Cusco <u>facebook.com/Ekekosarteycolores</u>



### Hilo

Hilo is an independent, slow-fashion brand by Irish designer and now long-time Cusco resident, Eibhlin Cassidy. Located in the artesanal quarter of San Blas, she has been creating uniquely customized pieces using locally sourced materials that inspire.

Street Carmen Alto 260, Cusco hilocusco.com



## Isa Luna Gallery

A contemporary artist born in Cusco, Isa bases her work on the typical pieces of Cusco crafts, giving it a current approach inspired by a world of winged beings, the Andean worldview, and the technique of colonial art.

Street Carmen Alto 162, San Blas, Cusco facebook.com/isalunacusco

## HIDDEN GEMS

### Visit San Pedro Market early in the morning

San Pedro Market is a spectacle to behold, filled with fruit, vegetable and meat stands, as well as 30 stalls serving freshly squeezed juices. A lack of refrigeration means products are displayed open-air, and the freshest items are sold first thing, so come early if you're wanting to buy. For lunch, the market hosts a number of empanada and tamale vendors, as well as food stalls that serve a menú – a two-course meal – at a very reasonable price. If you're struggling with the altitude, pick up a bag of coca leaves to make tea.

Tupac Amaru 477, Cusco





### Walk the streets of San Blas

A neighborhood of narrow streets and hidden corners, San Blas is a cradle of artisans who display their trade to locals and visitors alike. The houses are made of stone and date back to Inca times. At night, the streets are bustling with life with bars and tourists sharing laughs and stories.

### Admire the famous Twelve Angled Stone

The Twelve Angled Stone is famously known for its detailed finish and perfectionist borders, typical of Inca architecture and currently considered Cultural Heritage of Peru. The stone is set at the base of the Archbishop's Palace of Cusco, which was previously the residence of Inca Roca, the sixth sovereign of the Curacazgo of Cusco.

Street Hatunrumiyoc 480, Cusco







### Sacred Valley Altitude: 2,800 m (9,186 ft)

Named this way for being the main food source of the Inca Empire, the Sacred Valley sits on the banks of the Urubamba River. The Incas built archaeological centers along its banks, which replicated the constellations they knew from the Andean sky, so this contributes even more to the beauty of this charming valley.







## **RESTAURANTS**

## MIL - Food Lab and

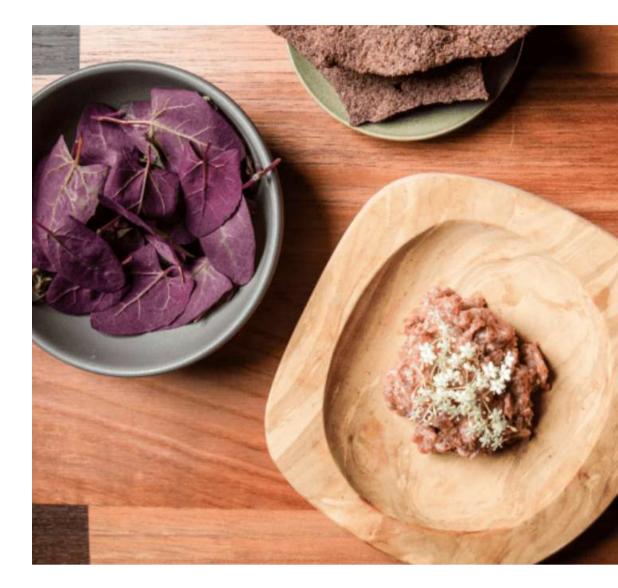
The Mil Immersion experience is an invitation to pause and enjoy a change of pace; to see the world from another perspective. Enjoy a culinary proposal inspired by and aligned with the environment as you visit the communities surrounding Mil local and the Archeological Center of Moray, connecting through their customs and millenary traditions.

Road to Moray, Maras, Cusco milcentro.pe

### El Huerto Restaurant 🛛 🥖 🦉



The warm glow of candlelight and an elegantly understated atmosphere make El Huerto one of the best restaurants in Peru. Fusing the region's best-kept culinary secrets with some signature twists, fresh herbs and spices are woven into local specialties and internartional delicacies. The result is a menu that's anything but predictable.





Km. 75.8, Carretera Urubamba-Ollantaytambo, Valle Sagrado, Cusco belmond.com

### Killa Wasi - Relais & Chateaux 🛛 🥖 🦉

Contemporary interpretations of Sacred Valley's rustic culinary traditions and refined Cusqueña cuisine incorporate the produce of our organic farming neighbors as well as the chef's discoveries in the Peruvian jungles and along the Amazon.

Hotel Sol & Luna, Fundo Huincho Lote A5, Urubamba, Cusco hotelsolyluna.com











Using organic ingredients produced in nearby farms and in our own garden in the Sacred Valley, Hawa will captivate you with innovate dishes served in a dining room.

Avenue Ferrocarril s/n, Urubamba, Cusco, Avenue Ferrocarril, Urubamba, Cusco marriott.com





UNU is a restaurant that began as a social project initiative looking to generate development opportunities for the community of Tiobamba in Maras. A hidden gem of the valley, UNU restaurants offers panoramic views and local cuisine.



Tiobamba, Maras, Cusco facebook.com/unu.restaurante



One of the best restaurants in the Cusco region was serving Peruvian fusion before it became trendy, perfecting the art of combining flavors in a way that each one can be savored. You'll need some time to decide between all the enticing options on the menu; the cuts of meat are amazingly tender, and there are some interesting vegetarian choices as well, not to mention an array of fabulous appetizers that might tempt you to just order a medley.

Jirón. Arica 620, Urubamba, Cusco facebook.com/RestauranteElHuacatay





## BARS & NIGHTLIFE

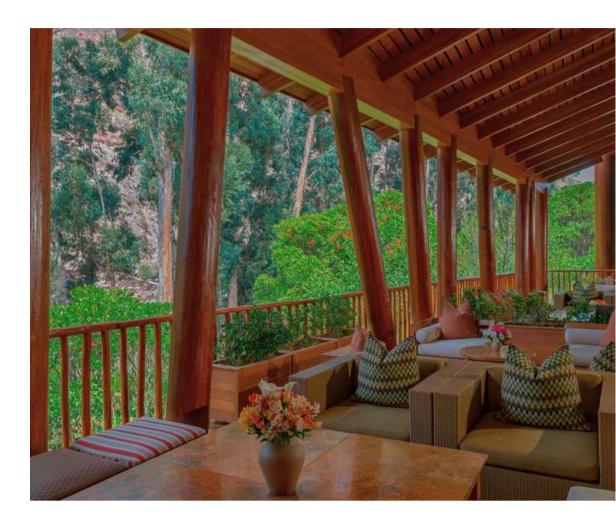
### Kiri Bar

Enjoy a cocktail at Tambo del Inka's Kiri Bar, which invites guests to indulge in a true Peruvian experience. Walls made of wood and backlit Peruvian onyx, along with rattan furniture and linens, create a warm and cheerful atmosphere in Urubamba.

Avenue Ferrocarril, Urubamba, Cusco <u>marriott.com</u>

### Killa Wasi Bar - Relais & Chateaux

Ascend the spiral staircase for pisco sours at sundown or a spirited nightcap among our musician 'friends,' created by the talented hands of Peruvian artisans.



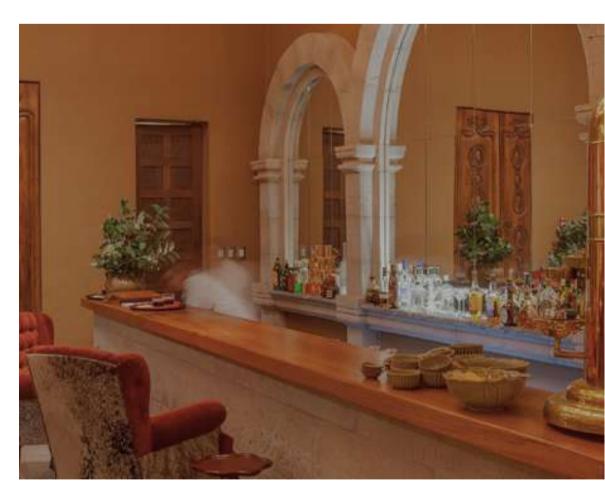


Hotel Sol & Luna, Fundo Huincho Lote A5, Urubamba, Cusco <u>hotelsolyluna.com</u>

### Inkaterra Hacienda Urubamba Bar

Enjoy exquisite selection of macerated piscos and delight a wide range of wines. The Bar at Inkaterra Hacienda Urubamba features an intimate setting overlooking the Sacred Valley.

Sacred Valley of the Incas, Km. 63 of the Cusco-Urubamba-Pisac-Calca Highway, Cusco <u>inkaterra.com</u>





# COFFEE SHOPS

### Da Colektor Café

A unique space in Valle Sagrado with a that serves delicious dishes. An obligatory stop for all those who live and pass through Urubamba. Stop for a delightful cup of local coffee, light and healthy food.

Avenue Berriozabal, 1st block, Urubamba facebook.com/dacolektor



## La Placita del Café 🛛 🥖 🖉

While in Yucay, step inside Sonesta Posadas del Inca Yucay hotel to find La Placita del Café, a gem of coffee shop. The staff is ready to make the best recommendations in the menu which include fresh and delicious vegetarian and vegan options.



Plaza Manco II 123 Yucay, Urubamba, Yucay <u>ghlhoteles.com</u>



Visit Viva Peru for stunning views. This coffee shop is extra cozy, with unpretenciously delicious food, the coffee is much recommended. Find a delightful place to rest with warm decoration, antiques and art in every corner.

Km 56.8 of the Pisac-Ollantaytambo Highway, Huaran Village, Sacred Valley, Cusco <u>facebook.com/vivaperuhuaran</u>



## SOUVENIR SHOPS

### **Da Colektor Concept Store**

Not only serving as a cute coffee shop, this store also have a quaint colorful store that offers handbags, clothes, design, accessories and all sorts of decorations for the home.

Avenue Berriozabal, Block 1 Urubamba <u>facebook.com/dacolektor</u>

### Seminario Ceramics

Find a permanent exhibition of artwork and a gallery full of items available for purchase. Don't be surprised to run into Pablo Seminario and Marilu Behar in their studio





working on new pieces.

Avenue Berriozabal, Urubamba, Cusco ceramicaseminario.com

### Andean Colors

For the finest alpaca garments, look no further. Andean colors is an establishment dedicated to the care of South American camelids (llamas and alpacas). Their garments and gift items are made by Andean women from deep Peru Andean Colors does a social job that is "empowerment of women and single mothers".

Racchi Community, via the Huallabamba-Urubamba Highway, Cusco <u>facebook.com/andeancolors</u>





## HIDDEN GEMS

### Try your hand at weaving with locals

The Sacred Valley village of Chincheros is home to a weaving cooperative where visitors can try their hand at weaving. Weaving is profession passed down through generations of Quechua women who today open doors and share their secrets to local visitors.



Soak in the Cocalmayo hot springs

Visit the natural thermal springs of Cocalmayo for a refreshing afternoon soak after your visit to Machu Picchu. Their waters are enriched with minerals and posses natural healing properties, ideal to treat sore muscles after a long hike.



### Visit Pisac Market

Founded by the Spanish Conquistador - Viceroy Toledo, Pisac town was constructed over an original Inca settlement. Located close to Cusco, Pisac offers up the top market in the region. Packed with local produce and a wide array of locally produced arts and crafts, Pisac Market is the perfect place for a little shopping.



## Machupicchu

Altitude: 2,040 m (6,690 ft)

Machupicchu, also known as Aguas Calientes, hold the same name as the the ancient citadel of Machu Picchu. Resting among the clouds, this architectural wonder is surrounded by the mystery of the stonework that makes up its buildings and temples.







## RESTAURANTS

### Chullpi Machupicchu 💋 🏉



A Peruvian haute cuisine restaurant with a menu based on local ingredients and culinary innovation. Enjoy a great ambiance and and savory meal. Don't skip out on their heavenly desserts.

Avenue Imperio de los Incas Nº 503, Machupicchu, Cusco facebook.com/ChullpiRestaurant

#### Qunuq Restaurant

Discover the best in Andean fusion with the freshest ingredients sourced from local communities. The menu includes delicious choices such as alpaca and trout





accompanied by corn and potatoes. For a complete presentation of their offerings, try their tasting menu Apucc Mikhuna (Flavor of the Andes) complete with special creations of the chef.

Avenue Hermanos Ayar Mz. 1, L-3, Aguas Calientes, Cusco machupicchuhotels-sumaq.com



Indio Feliz serves original Franco-Peruvian cuisine in a cozy atmosphere. Portions are more than generous so come with an empty stomach and get ready to be delighted with every dish.

Lloque Yupanqui, Aguas Calientes, Cusco indiofeliz.com







### Green House Organic Concept 🧪 🌈

A green led concept of Aguas Calientes, the restaurant boasts of attentive and helpful staff that give great recommendations for a truly authentic experience. Don't miss out on their quinoa dishes.

Avenue Pachacutec 105, Aguas Calientes, Machu Picchu, Cusco facebook.com/GreenHouseMachuPicchu



### The Tree House Restaurant 🧪 🌈 🖉



international Peruvian This fusion gourmet restaurant offers unique flavors and truly delicious food. Try their vegetable curry with coconut rice and mango chutney.

Street Huanacaure 10, Aguas Calientes, Machu Picchu, Cusco facebook.com/THrestaurantPeru



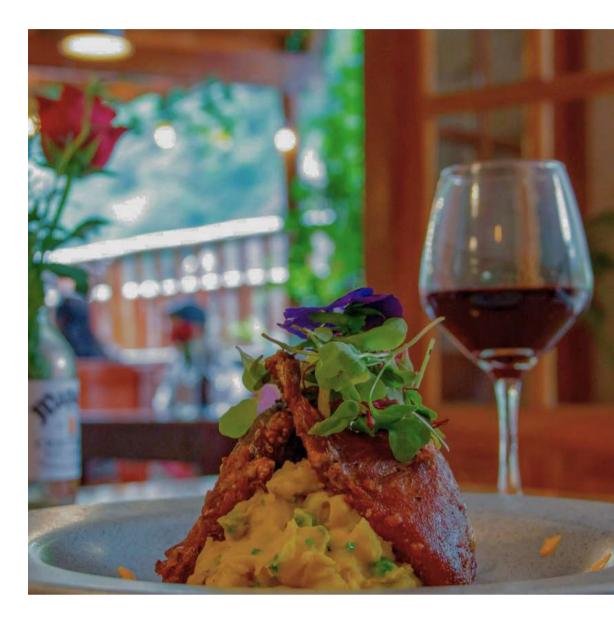


## BARS & NIGHTLIFE

### Chullos Craft Beer & Homemade Food

Chullos is a cozy restaurant and bar founded in 2016 in the heart of Machu Picchu Pueblo. The perfect place to share creative and innovative cuisine. Relax in the afternoon and pair an Achorada burger with a craft beer from their factory.

Avenue Imperio de los Inca 612, Aguas Calientes, Machu Picchu, Cusco <u>chullosrestaurant.com</u>



## Inka Happiness

A place of heavenly food and drink with good music. Run by a local family, they are dedicated to rescuing the cultural and culinary legacy of the past with comfort and good service.

Avenue Pachacutec, Aguas Calientes, Machu Picchu, Cusco <u>facebook.com/Inkahappiness</u>





## **COFFEE SHOPS**

## La Boulangerie de Paris 🛛 🥖 🥟

A piece of France in the heart of the town, the owners pay direct tribute to the best cafeterias, bakers and pastry chefs in France with a lovely traditional bistro.

Jirón Sinchi Roca, Aguas Calientes, Machu Picchu, Cusco <u>facebook.com/laboulangerieparis</u>



## Coffee Trotter 🥖 🥟

If you're looking for exquisite food, the best desserts, cakes and breakfast, look no further. Coffee Trotter offers the highest quality coffee and freshest squeezed juice in town.

Avenue Pachacutec 801, Aguas Calientes, Machu Picchu, Cusco <u>facebook.com/CoffeeTrotter.Peru</u>



## SOUVENIR SHOPS

### Mercado de Artesanías

A classic market situated in Aguas Calientes. Find everything from clothing, to handcrafted mini sculptures and even stalls with traditional food served in plentiful portions at convenient prices.

Antisuyo 102, Aguas Calientes, Cusco



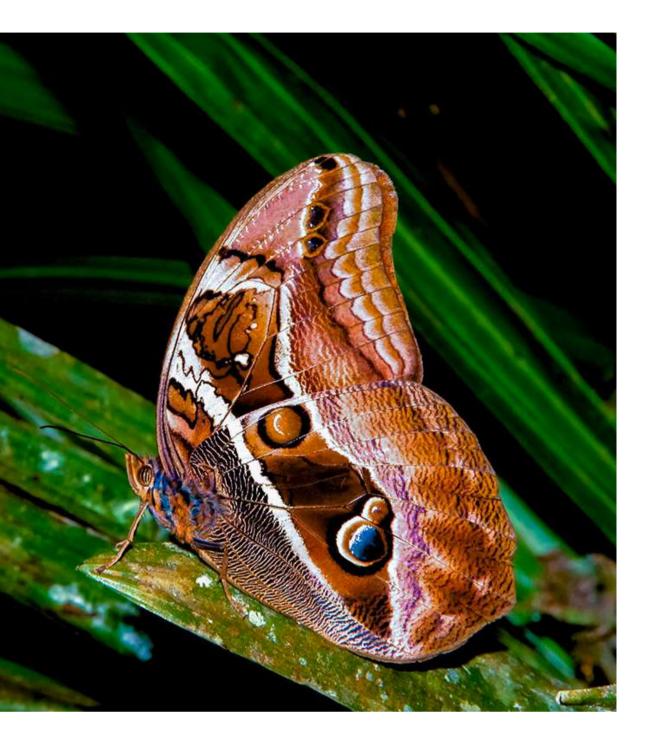
### Arte Joyería Rumiwasi

A small artisanal shop that crafts a variety of silver jewelry and natural stones ideal for gift giving.

Avenue Pachacutek 814, Aguas Calientes, Cusco







## HIDDEN GEMS

## Mariposario of Machu Picchu

The Machu Picchu Butterfly Research and Interpretation Center has a butterfly farm where you can discover and interact with butterflies.

Road to Machupicchu, next to the Municipal Camping, Aguas Calientes, Cusco <u>facebook.com/mariposariodemachupicchu</u>



## Soak in the thermal baths of Machu Picchu

The temperature of the waters always ranges between 38 and 43 °C and they are known for their high content of medicinal properties that benefit the treatment of rheumatism, as well as diseases related to the kidneys.

Avenue Hermanos Ayar, Aguas Calientes, Cusco



### Puno

### Altitude: 3,810 m (12,500 ft)

Home of Lake Titicaca and to the celebration of La Virgen de la Candelaria, Puno is the folkloric capital of Peru. With its colorful festivals, incredible floating islands, and warm people that inhabit these portions of soil created long ago from the totora reeds, you can feel the magical atmosphere in the air.







# RESTAURANTS

### Alma Bar Restaurante 🛛 🥖 🍘



Found within Casa Andina Premium Puno, Alma offers a menu that fuses tradition and local ingredients in a modern and international proposal.

Avenue Sesquincentenario 1970, Puno casa-andina.com







Tulipan's has a beautiful court yard for sunny days and three rooms inside for not so sunny days. They offer woodfired pizzas, and

deliciously home-cooked meals. Try their slowcooked meatballs topped with a mixture alpaca, beef, lamb, trout and kinfish.

Jirón Lima 394, inside La Casona Parodi, Puno facebook.com/tulipansrestaurant



## Mojsa Restaurant 🛛 🥖 🍘

An irresistible experience of three flavors, Mojsa's Causita Tres Versiones is a mix of flavors consisting of prawns, smoked trout and chicken.

Jirón Lima 635, 2nd Floor Plaza de Armas, Puno mojsarestaurante.com



# BARS & NIGHTLIFE

### La Casa del Corregidor Cafe Bar

A historic home declared as Historical Monument of Domestic Colonial Architecture of the 17th century, it serves as a restaurant, café and bar at night with a unique terrace.

Jirón Destua 576, Puno <u>facebook.com/lacasadelcorregidorcafebar</u>



## Remix Pizzeria Resto Cafe & Bar

Delicious handmade pizza paired with great drinks and a homey environment. For a spin on the traditional, order alapaca meat as a topping!

Jirón Puno 517 - 563, Puno <u>facebook.com/remixpizzeriarestobar</u>







## **COFFEE SHOPS**

## Rupha Cafe 🥖

A cozy spot to enjoy traditional breakfast items such as a chocolate con leche or a sanguche de lechón.

Jirón Moquegua 338, Puno facebook.com/Ruphacafe



## Ricos Pan

A family owned pastry shop and traditional bakery. With a large variety of cakes and rolls, it's the perfect spot for opportunity to sit down and enjoy a good cup of coffee.

Jirón Moquegua 326, Puno facebook.com/RicosPanPeru



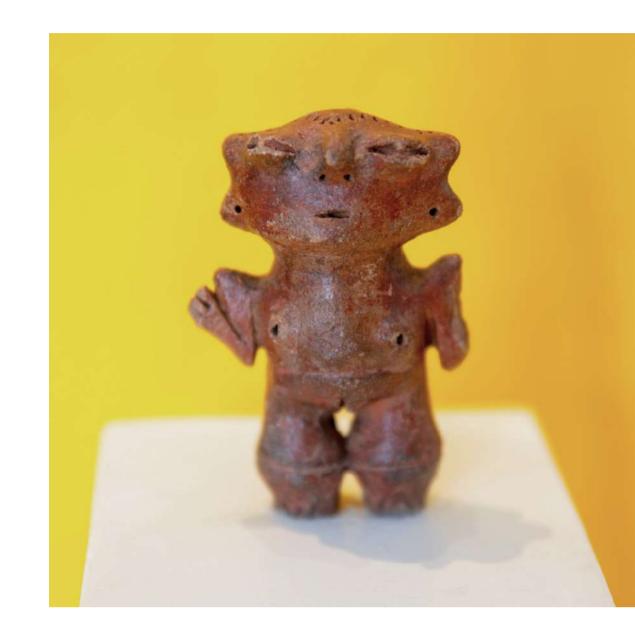


# ART GALLERIES & MUSEUMS

## **Museo Carlos Dreyer**

Situated across the street from the cathedral, this twofloor museum showcases a collection of handcrafted original stone sculptures, artifacts and textiles from the Inca and pre-Inca Cultures of the region.

Jirón Deustua 701, Puno <u>facebook.com/MuseoMunicipalCarlosDreyerPuno</u>





## Museo Litico Pukará

Though small, the museum exhibits a set of stone monoliths and sculptures from the Pukará culture that have been recovered in the archaeological complex during the restoration and enhancement works.

Plaza de Armas de Pukará, Province of Lampa, Puno <u>museos.cultura.pe</u>



## SOUVENIR SHOPS Casa de la Mujer Artesana

The Casa de la Mujer Artesana, of the Manuela Ramos Movement, began its activities in 1993 with the aim of contributing to improving the quality of life of artisans, encouraging consumption and enhancing the value of Peruvian crafts. After years of work, today the



Casa de la Mujer Artesana is a space dedicated to the commercialization of hand-woven products by enterprising artisans from Puno.

### Jirón Puno 645, Puno

<u>facebook.com/Casa-de-la-Mujer-Artesana-</u> <u>Manuela-Ramos</u>



## HIDDEN GEMS

### Visit the Cathedral of Puno

Completed in 1757, it was designed in the Andean Baroque architectural tradition. The main effigies are that of the Señor de la Bala and the Virgen de los Remedios, considered the oldest in the temple. Inside you will find a series of gold-framed canvases made by local indians and mestizo painters.

Jirón Ayacucho 416, Puno facebook.com/SanCarlosCatedraldePuno



# Witness the festival of La Virgen de la Candelaria

Celebrated in the month of February during two weeks, the festivity is an Intangible Cultural Heritage of Humanity that includes acts of a religious, festive and cultural nature that have their roots in Catholic traditions and symbolic elements of the Andean worldview. Spot dancers doing the Diablada, one of the most colorful and representative acts of this festival, where more than 200 musical bands and 40,000 dancers join in to the beat of their instruments.

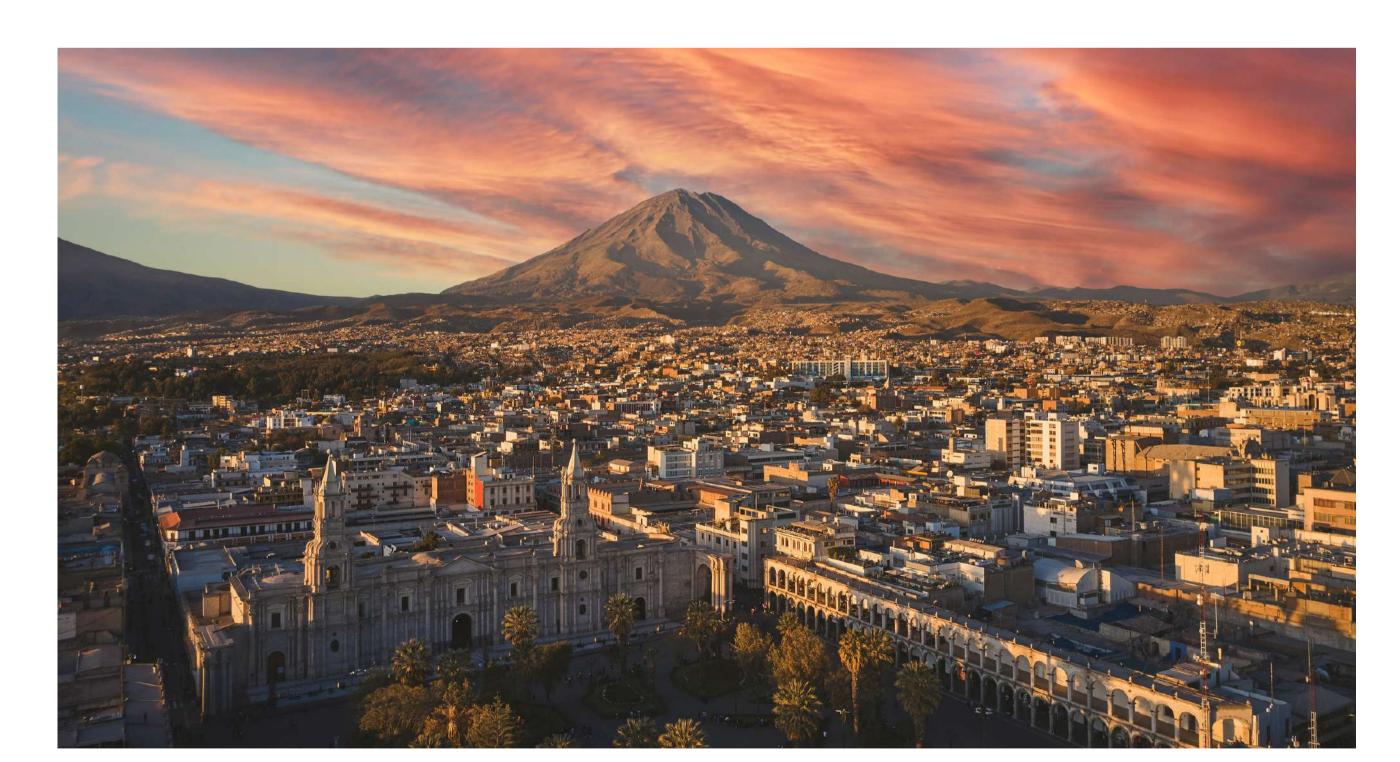




## Arequipa

Altitude: 2,350 m (7,710 ft)

The "White City" is named for the sculpted ashlar architecture that adorns its buildings. Its most impressive natural attraction is the imposing Misti, one of three volcanoes that protect the city. A delightful addition to your visit are traditional dishes such as Chupe de Camarones, Rocoto Relleno & Cuy Chactado.





# RESTAURANTS





Located within Arequipa's historic center, opposite the beautiful Plaza San Francisco, the Zig Zag Restaurant is the perfect place to enjoy a different kind of gastronomical lunch or dinner, discover new wines from our cellar, in cozy surroundings, which include an antique iron staircase designed by the famous French architect Gustave Alexandre Eiffel.

Street Zela 210, Arequipa zigzagrestaurant.com



### Sol de Mayo

Sol de Mayo is one of the oldest restaurants in Peru. It serves traditional food from Arequipa, which has been perfected over the generations. If you can, try to sit outside in the beautiful courtyard. Enjoy the charming gardens and fountains while relaxing and listening to live music.

Street Jerusalen 207, Yanahuara, Arequipa Facebook.com/SoldeMayo <u>RestaurantTuristico</u>



## Tradición Arequipeña

Tradición Arequipeña offers a truly immersive cultural experience in its casual and friendly restaurant. While dining, Peruvian music flows throughout the restaurant. If it is a nice day, ask for a table outside. Its outdoor area is surrounded by lush greens and offers a pleasant background to the tasty food.

Avenue Dolores 111, Arequipa <u>latradi.pe</u>



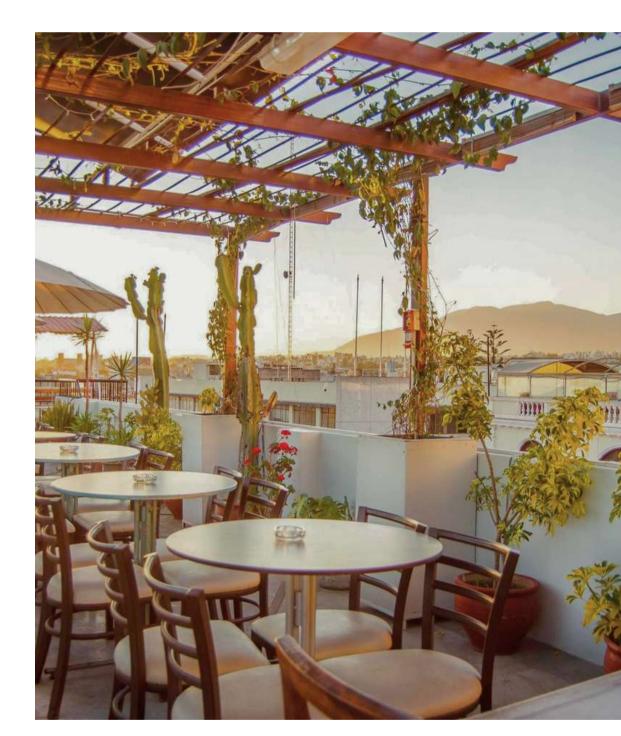
## **BARS & NIGHTLIFE**

### Sunset Rooftop Bar

Arguably one of the best views in town, Sunset Rooftop Bar's offers a varied finger food menu and refreshing Pisco Sours.

114 Street Ugarte, 4th Floor, Arequipa sunsetrooftopbar.com





### La Plaza Bar & Grill

The Plaza combines local and international cuisine which results in a contemporary proposal. It offers a delicious breakfast buffet as well as dishes and drinks that will leave you speechless. It's that kind of restaurant that you will always go back to.

Street Portal de Flores 116, Plaza de Armas Plaza de Armas, Arequipa <u>casa-andina.com</u>





# **COFFEE SHOPS**

## **Palacios Coffee**

Palacios Coffee is the first specialty coffee roaster in Arequipa and throughout the south of Peru, founded in 2013, focused on providing honest work for local coffee growers. Find different varieties of coffee beans, tasty desserts and even souvenirs to take home.

Avenue Lima 201, Vallecito, Arequipa palacioscoffee.com



## Ristretto Coffee House 🥖

Find specialty coffee, good music within a single cozy spot. Ristretto offers organic coffee of origin, unique infusions, and sweet and salty complements.

Street Campo Redondo 100B San Lazaro, Arequipa <u>facebook.com/ristrettocafemovil</u>



# ART GALLERIES & MUSEUMS

### Casa Tristán del Pozo

A few steps from the bright Plaza de Armas of Arequipa is a mansion from the 18th century that rretains the elegance that distinguished it from its former days of glory. In 2009, the BBVA Foundation inaugurated the Pedro Brescia Cafferata Art Gallery, in which valuable pieces by emblematic Arequipa artists are presently exhibited.

Street San Francisco 115, Arequipa <u>fundacionbbva.pe</u>



### Alvaro Valdivia - Anticuario

A shop where you can find all kind of foreing and peruvian antiques, as well as handicrafts and reproductions of the Incan and Pre-Incan cultures, elaborated by native people mostly from the south of Peru.

Street Sta. Catalina 204, Cercado Arequipa Arequipa alvarovaldiviaantiq.wixsite.com



# SOUVENIR SHOPS



Recognized for more than 100 years as the sweetest tradition in the city of Arequipa. La Ibérica is a company founded by a family passionate about chocolate, dedicated to the production and marketing of the most exquisite chocolates, toffee, marzipan, nougat and other confectionery products. La Ibérica has established itself today as the leader of quality and pride of Peru.

Street Jerusalén 136, Arequipa laiberica.com





### Incalpaca

Alpacas are noble and generous animals, legendary and sensitive. In Peru, they is also a national symbol dating back to 5000 BCE. Incalpaca was established in 1996 in Arequipa, making unique products from Alpaca and Vicuña. They works with the world's leading fashion brands and export to more than 50 countries worldwide.

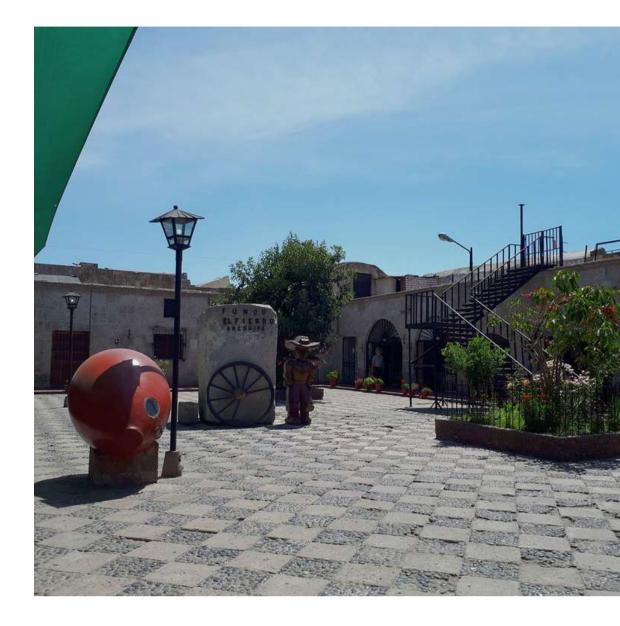
Street Cóndor 100, Tahuaycani, Arequipa incalpaca.com

## HIDDEN GEMS

### Fundo El Fierro

A former school for students and later on, prison, Fundo El Fierro today houses the Municipal Historical Museum "Guillermo Zegarra Meneses" and a fair of artisan producers' handicrafts that offer textiles, embroidery, leather work, ceramics, silverware, among other finds.

Street San Francisco 415, Arequipa <u>facebook.com/fundoelfierro</u>



## Mercado Central

Find fresh and good quality fruits, vegetables and meat in this market founded in 1869. Many stalls serve as local's favorites to find hearty soups and steaming plates of chicken, beef and pork.

Street Perú 416, Arequipa







### lca

#### Altitude: 406 m (1,332 ft)

Blessed as the "city of the eternal sun", Ica has an arid climate which is ideal for its more than 200 distilleries in which Pisco, the emblematic drink of the country, is produced. The region also features one of the highest sand dunes in the world: Cerro Blanco.





## RESTAURANTS

### El Tambo de Tacama 🛛 🥖 🍘



Since 2015, has nationally it promoted and internationally the Peruvian wine industry, in fusion with traditional tourism, providing a service that translates into an experiential and revaluation of our gastronomy, folklore, architecture, music and Peruvian customs with a varied a la carte menu where the influences of Comida Criolla and regional food meet. After noon, diners are delighted with a live dance show and show of horsemanship.

Camino Real 390 La Tinguina, Ica tambodetacama.com





The place to taste generous Iqueño Criollo food. One of the local's favorite spots to try the food of years gone by and the one of modern times, always with the seasoning they are known for. The seafood dishes such as Pescado a lo Macho and Arroz con Mariscos are much recommended. At night, the place lights up with an amazing ambiance and good music to relax after a long day out.



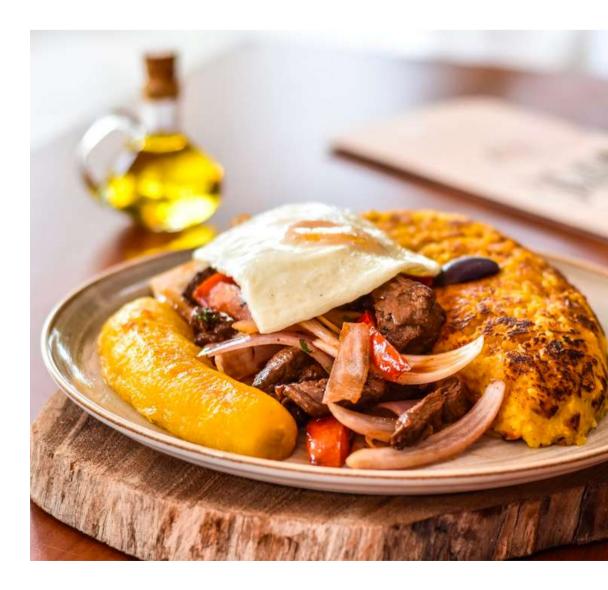
Street Camino Real de Cachiche, Ica 8cepas.com

## La Olla de Juanita

Food is hearty and delicious at this Criollo restaurant that showcases the best of Ica's gastronomy. Chances are you'll run into Cecilia, the soul behind this restaurant, during your visit. La Olla de Juanita is one of the most popular stops of The Pisco Road, where you can learn about and sample different varieties of Pisco while seeing the Pisco production cycle in action.

Fundo Tres Esquinas 121, San Juan Bautista, Ica facebook.com/laolladejuanitaperu







## BARS & NIGHTLIFE

### La Trastienda del Fundo

A space that breaks the routine and surrounds you with a great vibe. This restaurant and nighttime bar offers a varied proposal of spirits, cocktails, cuisine and a live DJ.

Residencial La Angostura Esq. Calle Girasoles con Poncianas, Ica <u>fundolaspalmeras.com</u>



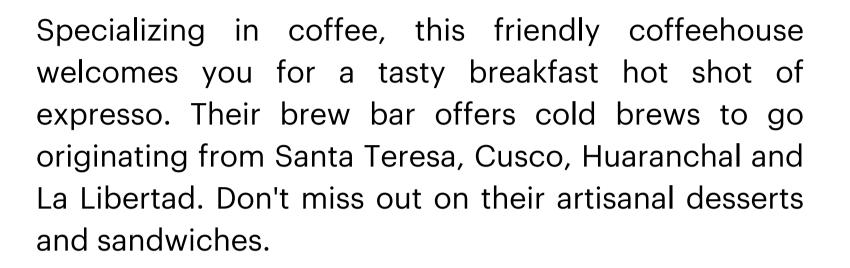
### Fada

Fada is an Irish bar that claims not to distinguish between day and night. Enjoy the beats of the night with a unique view from their large terrace while accompanying the mood with modern finger food and a specialty cocktail menu.

Avenue Angela de Perotti, Huacachina, Ica <u>fadaperu.com</u>

## **COFFEE SHOPS**

### Harvest Coffeehouse 💋 🏉



Urbanización San José Los Laureles D32, Ica <u>facebook.com/harvestcoffeehouseica</u>

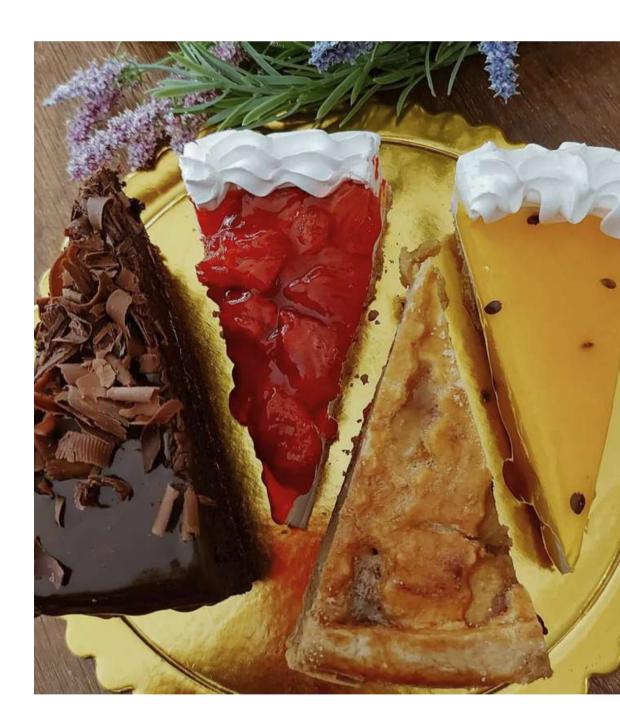


## Lora Café

A traditional Peruvian coffee shop that offers hot and cold drinks, sandwiches, sweet and savory cakes, as well as donuts in a cozy environment,

Street Lima 135, Ica facebook.com/loracafe









# ART GALLERIES & MUSEUMS

### Planetarium Maria Reiche

Discover the secrets behind the Nasca lines from an astronomy point of view. Dr. Maria Reiche was a was a German-born Peruvian archaeologist and mathematician that dedicated her life to studying these mysterious geoglyphs. After your visit, you will have learned about the relationship between the geometric lines, the figures they form and how they align with the stars, the valleys, and apus with help of rich ceiling projections.

Jirón Bolognesi, Nasca <u>facebook.com/PlanetariumMariaReiche</u>



## Site Museum Julio C. Tello

The Site Museum is located in the Paracas National Reserve. Named after Dr. Julio C. Tello, the "Father of Peruvian archaeology", who discovered and investigated the Paracas culture. The museum has nine permanent exhibition halls and ceramics, textiles, mummies, among other invaluable finds.

Reserva Natural de Paracas, Road from Pisco- Puerto San Martín Km. 27, Paracas <u>facebook.com/museoparacas</u>

## SOUVENIR SHOPS

### Helena

Tejas are a traditional sweet that has been made for over a hundred years in this part of southern Peru. Elena Soler is the creator of the chocoteja. These delightful sweets come in all different kinds: bathed in fondant or chocolate; with classic fillings such as pecans, dulce de leche caramel, or prunes; as well as in surprising new versions filled with raspberry, candied orange peel, or raisins macerated in pisco; or in exotic options filled with guava, passionfruit, or goldenberry.

### Nicolas de Rivera 227, Ica <u>helena.pe</u>



### Hacienda Tacama's Gift Shop

Inside Tambo de Tacama, you will find a small shop with souvenirs from to commemorate your visit to the vineyard and winery. Don't miss your chance to take home your favorite red, white, rosé or sparkling wines, as well as Peru's most excellent Piscos.

Camino Real 390 La Tinguina, Ica tacama.com



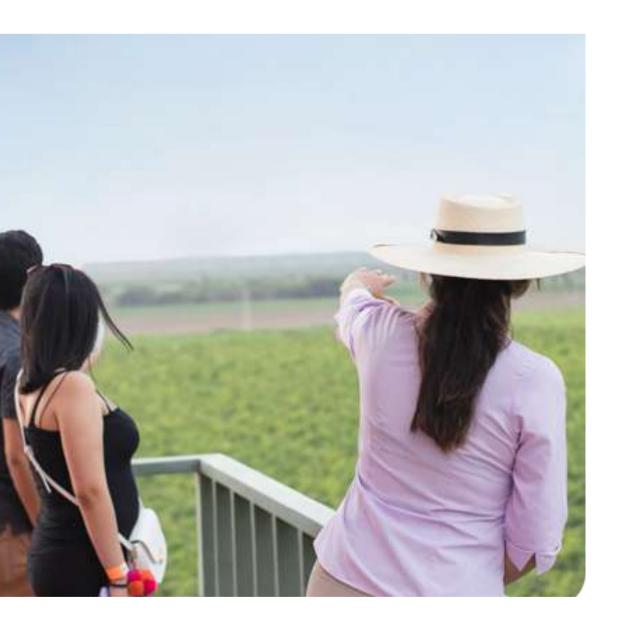


# HIDDEN GEMS

# Create your own Nasca ceramics with Jenny Calle

A crafts workshop dedicated to the elaboration of ceramic replicas of the Nasca culture with the ancestral technique developed by these ancient peoples that is characterized by being polychrome. Not limited to the Nasca, the shop also elaborates ceramics of the Wari, Tiahuanaco and Paracas cultures.

Avenue Los Maestros 391, San Carlos, Nasca facebook.com/CeramicasNascaJennyCalle



## Discover South America's First vineyard

Set foot in the oldest vineyard of the continent. We recommend taking the "Tacama Grand Tour" to get to know the production process of the grape in the modern plant as well as the architecture of the historic hacienda. You will be treated to a sampling of products of the selection line in a modern tasting room.

Camino Real 390 La Tinguina, Ica tacama.com



## Trujillo

Altitude: 34 m (112 ft)

The "city of eternal spring" is famous for its radiant sun, beaches, and rich pre-Hispanic past. Step into the largest adobe city in America while visiting the Chan Chan Archaeological Complex, attend a folkloric Marinera show with Peruvian Paso Horses, and learn the ancient practice riding Caballitos de Totora by local fishermen.





## RESTAURANTS

## El Celler de Cler 🥖 🥖

A romantic restaurant with classic colonial architecture, antique decoration, a cozy atmosphere, and outstanding cuisine with a great selection of wines to pair. Sit on the balcony to experience the history, tradition and culture of Trujillo.

Jirón Independencia 588, Trujillo <u>facebook.com/elcellerdeclerrestaurant</u>

## Squalo's Seafood Restaurant

One of the best restaurants in the city when it comes to fish and seafood. Find a variety of Criollo dishes and an extensive wine list. Our recommended dishes include





Ceviche Squalo's served in a pineapple and the Cabrito.

Diaz de Cienfuegos 256, Trujillo <u>facebook.com/squalosseafoodrestaurant</u>

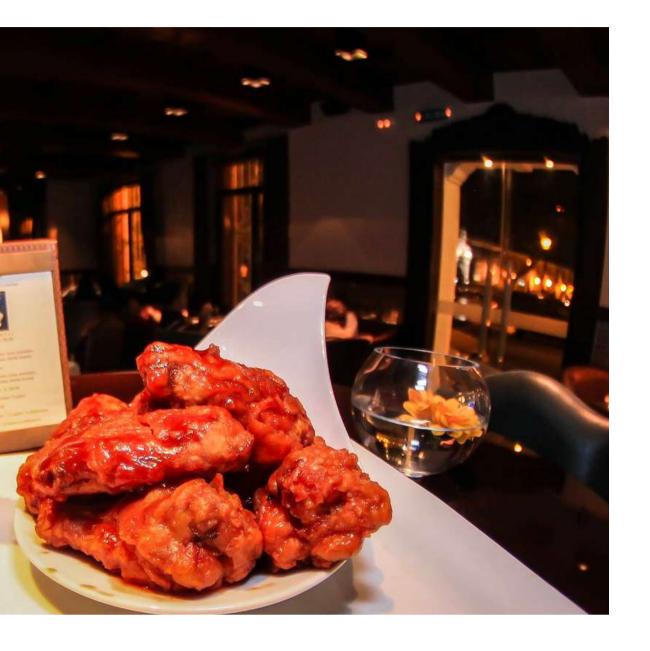
## Romano Rincón Criollo

A Criollo and international food restaurant with a long standing history in Trujillo. Its wine cellar showcases imports from Argentina, Spain, Chile as well as the best from Peruvian wineries.

Street Estados Unidos 162 Urb. El Recreo, Trujillo <u>facebook.com/RomanoRinconCriollo</u>





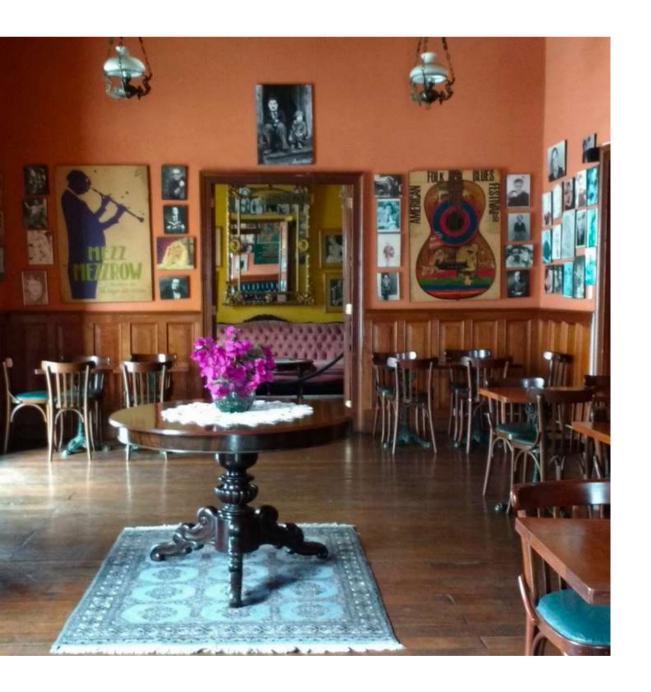


# BARS & NIGHTLIFE

### Malabrigo Bar

Discover the wonderful world of classic and signature cocktails at Malabrigo Bar. Chill out to house music with live DJ at the oldest and most historic bar in the city.

Jirón Independencia 485, Trujillo facebook.com/malabrigobar



### Museo Café Bar

Located within The Toy Museum of Trujillo that houses more than 5,000 pieces from different eras and countries, the café bar is popular for its historical ambience and classic drinks.

Jirón Independencia 701, Trujillo facebook.com/museocafebartrujilloperu



## **COFFEE SHOPS**

### **Moche Special Coffees**

An unconventional cafeteria, where you can taste the best Peruvian and specialty coffees accompanied by a variety of delicacies. Taste a powerful Cusqueño Hot Cocoa, served with milk, marshmallows and milk.

Jirón Francisco Pizarro 165, Trujillo facebook.com/MocheCafe



## El Cardenal Café

Named as "The cafe on the square", this shop is proudly Trujillano. Pair your favorite coffee with their delicious fig tostones for a perfect start to your day.

Diego de Almagro 480, Trujillo <u>facebook.com/elcardenalcafe</u>







# ART GALLERIES & MUSEUMS



## El Brujo Archaeological Complex - Cao Museum

The El Brujo Archaeological Complex is composed of three great structures: Huaca Prieta, Huaca Cao Viejo and Huaca Cortada. Magical-religious beliefs are expressed in the Sacrifice Wall, a 30-meter high great pyramid with exquisitely decorated walls. The most famous image is that of the "Decapitator", a motif which is repeated countless times on Moche pottery. The Cao Museum is also situated at this complex, and it houses the intact, mummified body of the female Moche culture ruler: The Lady of Cao.

Magdalena de Cao, Ascope Province, La Libertad, 60km North of Trujillo <u>elbrujo.pe</u>



## Chan Chan Museum Site

The museum describes the pre-Hispanic cultural development of the La Libertad region, from the first stone artifacts to the ceramics of the Moche and Chimú cultures; develops topics related to agriculture, irrigation techniques and products grown in the Moche Valley.

Avenue Chan Chan - Road to Huanchaco <u>museos.cultura.pe</u>

## SOUVENIR SHOPS

### Quenart

A handicrafts store in La Libertad, offering a variety of decorative products madeby local artisans from wood, leather, various natural fibers, stone, gourds, and back strap loom weavings in cotton, using ancestral techniques and iconography from the Moche and Chimu pre-Incan cultures.

Jirón Marañón 175, La Libertad, Trujillo facebook.com/ArtesaniaLaLibertad



### Trama Perú

Sheep wool and baby alpaca fabrics. Shop for the best textiles from Cajamarca, Huancayo, Arequipa, Ayacucho and Cusco.

Jirón Pizarro 755, Trujillo facebook.com/tramaperutienda







# HIDDEN GEMS

## Travel to the past at Casa Urquiaga

A one-story building with three patios that is now the headquarters of the Central Reserve Bank of Peru in Trujillo. It has a neoclassical wooden gate, Doric columns and wrought iron windows. The interior houses a large number of objects from the pre-Inca, colonial and republican times.

Jirón Pizarro 446, Trujillo <u>facebook.com/page/CasaUrquiaga</u>



## **Engage your senses at Jardín de los Sentidos**

The first and only garden in Peru and South America for people with visual disabilities. Fragrances and sensations intermingle in this natural space. The pleasant essences allow visitors to activate mental elements, combating negative moods.

Carretera Industrial Km 3,5, Trujillo <u>facebook.com/Jardindelossentidosperu</u>



# Chiclayo

Altitude: 27 m (88.6 ft)

Discover the world of the Lambayaque or Sicán culture. The friendliest city in Peru offers visitors a rich insights into archaeological handicrafts remains, and wonders. Be gastronomic lavish mesmerized by the decorations of tomb of the Lord of Sipán, the towering clay pyramids in Túcume, and the hidden treasures within the Forest of Pómac Historical

Sanctuary.



## RESTAURANTS

### Fiesta Restaurant Gourmet



Established in 1983 in the capital of Lambayeque, Fiesta offers typical the cuisine of Chiclayo and Peru, with quality ingredients found in the north and throughout the country. Taste delicious dishes such as Arroz con Pato or Arroz Frito Mochica served on a collection of tableware designed exclusively for the restaurant.

Salaverry 1820, Chiclayo restaurantfiestagourmet.com



Start your day with a Chicharrón A La Caja China, accompanied by humita with cheese, fried sweet potato, Criollo bramble and bread. Café 900 offers the tastiest dishes for all hours of the day.





Street Manuel María Izaga 900, Lambayeque <u>cafe900.com</u>

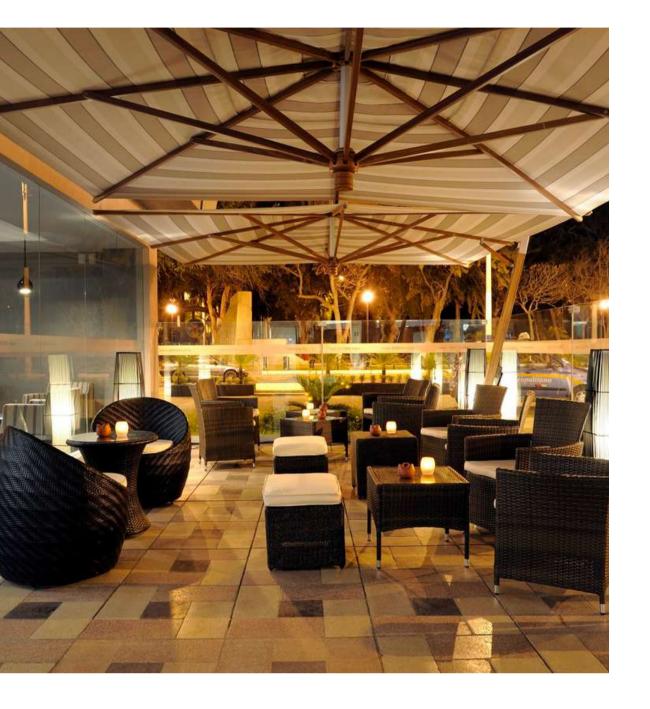


The perfect place to enjoy Peruvian fusion food in Chiclayo. Find northern flavors and exceptional drinks. Marine enthusiasts are encouraged to try Crispy fish in seafood sauce, a flavourful dish that mixes the best of marine and northern food.

Avenue Grau 823, Chiclayo facebook.com/Caserio.Peru





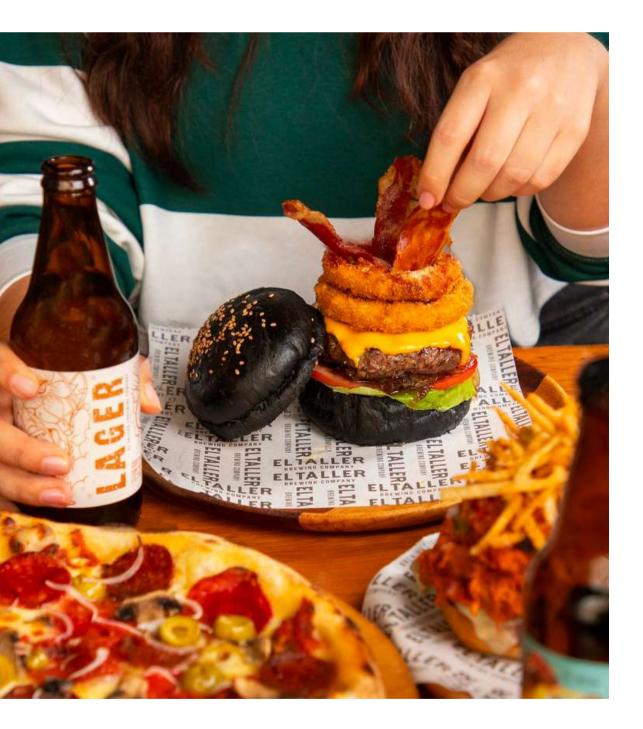


# BARS & NIGHTLIFE

### La Plaza Bar & Grill

The Plaza combines local and international cuisine which results in a contemporary proposal. It offers a delicious breakfast buffet as well as dishes and drinks that will leave you speechless. It's that kind of restaurant that you will always go back to.

Avenue Federico Villarreal 115, inside Casa Andina Select Chiclayo <u>casa-andina.com</u>



## **El Taller Brewing Company**

A bar that makes its own craft beer in the heart of La Victoria in Chiclayo. Pair an artisenal beer with towering burgers or a fresh out of the oven pizza.

Los Dulantos 170, Chiclayo facebook.com/ElTallerBrewingCo

## **COFFEE SHOPS**

### Tostao Café

Stop for a coffee in this Spectacled bear themed coffee shop. Sweets are their specialty and include treats such as carrot cake, red velvet, chocolate cake, and our favorite, orange cake with raspberries.

Las Jacarandas 250 Sta. Victoria, Chiclayo <u>facebook.com/tostaochiclayo</u>



### Javier Velasco Café

Coffee shop and roastery. The Javier Velasco company cultivates and associates Peruvian coffee growers, developing responsible coffee farming and providing well-being to the community and families.

Avenue Balta 400, Chiclayo facebook.com/javiervelascocafe







# ART GALLERIES & MUSEUMS

## The Royal Tombs of Sipán Museum

The site museum exhibits the cultural goods recovered in the last excavations carried out in the archaeological site, with emphasis on the characters of the Moche nobility found in tombs 14, 15 and 16 of the royal mausoleum from Huaca Rajada. It also exhibits cultural assets of the Lambayeque culture that explain the cultural continuity in the area.

Campiña Huaca Rajada, road to Sipán-Pampa Grande, Sipán <u>museos.cultura.pe</u>





## The Brunning Museum

Inaugurated in 1966, this museum contains more than 1,400 valuable pieces from ancient northern Peruvian civilizations all collected by Enrique Brüning, who dedicated fifty years of his life to researching Lambayecan cultures. Among the artifacts are examples from regional pre-Inca cultures such as Lambayeque (Sicán), Moche, Chavín, Vicús and even Inca that includes ceramics, metal work, weavings, and jewels.

Huamachuco, Lambayeque facebook.com/MuseoBruning

# SOUVENIR SHOPS

### Artesanía La Torre

Take home a piece of Peru with you! Find everything from an Andean-themed ludo board game to modern hand-crafted huacos.

Avenue Francisco Bolognesi 590, Chiclayo <u>facebook.com/ArtesaniaLaLibertad</u>



### Artisanal Market of Monsefú

The market houses more than a dozen craft stalls selling embroideries that stand out for using gold and silver threads. You can also purchase cattail bags, traditional toys made of wood and everyday wear.

28 de Julio 585, Monsefú





# HIDDEN GEMS

## Find peace at the Pómac Forest Sanctuary

Located 33 kilometers from Chiclayo in the city of Tucume, this archeological complex dates back to 700 AD. According to legend, it was founded by Calac, a descendant of Naylamp, the founder of the Lambayeque culture. Túcume or the Valley of the Pyramids, is made up of 26 pyramids, among which the Huaca del Pueblo, La Raya hill and Huaca Las Balsas stand out.

Campiña de San Antonio, Tucume <u>facebook.com/museotucumeperu</u>



## See the daily life of Santa Rosa's fishermen

Its flat shores are used by artisanal fishermen, who cast enormous and long nets every day. Thanks to this technique they manage to fish species of the area. In addition to the beautiful landscape, on the waters of Santa Rosa beach, reed horses float with their riders. You can also see the fishermen building their own seahorses for the extraction of seasonal fish such as grouper, chalacos, among others.

### Santa Rosa District, Chiclayo